

coop deals®

APR 29 - MAY 19, 2026

sweet indulgence

Show some love on Mother's Day and gather the ingredients to make a delicious brunch — or pick up a sweet treat like Chocolove's Raspberries in Dark Chocolate. The balance of sweet and tart raspberries with dark chocolate is a winning flavor combo, and they're on sale at the co-op!



2/\$7

**Chocolove
Chocolate Bars**
2.9-3.2 oz., selected varieties



3/\$5

**De La Calle!
Organic Mexican
Sodas**
12 fl. oz., selected
varieties



2/\$7

**Mary's Gone
Crackers
Organic Original
Crackers**
4 oz., selected varieties



3.99

**C2O
Coconut Water**
33.8 fl. oz., selected
varieties



4.99

**Green Mountain
Gringo
Salsa**
16 oz., selected varieties

INCLUSIVE TRADE PARTNER



Fillo's is a Hispanic-owned company. We offer a range of reimagined Latin staples that are packed with flavor and nutrients.

2/\$4

**Fillo's
Walking Tamales**
4 oz., selected varieties



Shop the co-op for all your spring events.

Find snacks for your next outing.



2/\$7

**Fage Total
Greek Yogurt**
16 oz., selected varieties



3.49

**Planet Oat
Oatmilk**
52 fl. oz., selected varieties



4.49

**Silk
Plant-based Milk**
64 oz., selected varieties

COOPERATIVELY OWNED



4.99

**Organic Valley
Shredded Cheese**
4-6 oz., selected varieties



4.49

**Silk
Plant-based
Creamer**
32 fl. oz., selected varieties



4.99

**Laird Superfood
Organic Liquid
Creamer**
22 fl. oz., selected varieties



COOPERATIVELY OWNED

5.99

**Organic Valley
Grassmilk**
64 fl. oz., selected varieties



high protein yogurt

With 17g of protein and 0g of sugar per serving, Kite Hill Dairy Free Greek Yogurt is a plant-based powerhouse. Try it in your next parfait or smoothie!

4.79

**Kite Hill
Plant-based Yogurt**
16 oz., selected varieties

COOPERATIVELY OWNED



5.99

**Organic Valley
Stringles**
8 oz.

The co-op has all your mealtime staples.



3.79

Lactaid Milk
64 fl. oz., selected varieties



5.99

Bizzy Organic Cold Brew Coffee
48 fl. oz., selected varieties

cold-pressed, nutrient obsessed

At Evolution Fresh, some things shine their brightest under pressure, like our juice. Cold-pressed to keep it real — making you feel alive with every sip.

2/\$8

Evolution Fresh Organic Juices or Smoothies
15.2 fl. oz., selected varieties



6.99

Sunja's Cabbage Kimchi
16 oz., selected varieties



7.99

Beyond Plant-based Ground Beef
16 oz.

organic energy

KeVita Master Brew Kombuchas are an organic natural source of energy with 66mg of clean caffeine. Grab a Master Brew for a boost!



2/\$6

KeVita Organic Kombuchas
15.2 fl. oz., selected varieties

Save on all your favorite brands at the co-op.



5.99
Cosmic Bliss
Organic Frozen Dessert
 14 fl. oz., selected varieties



4.39
Green Valley
Organic Lactose-free Sour Cream
 12 oz.



11.99
Woodstock
Lump Hardwood Charcoal
 8.8 lbs.



4.69
Reed's
Ginger Ale
 4 pk.-12 fl. oz. cans,
 selected varieties



5.49
JonnyPops
Frozen Novelties
 6.72-14.8 fl. oz.,
 selected varieties



5.49
Alden's Organic
Frozen Novelties
 9-14 fl. oz., selected
 varieties



5.99
Smart Chicken
Organic Party
Wings
 per pound



5.99
Grillo's
Pickles
 32 fl. oz., selected
 varieties



9.99
Thousand Hills
85/15 Ground
Beef
 16 oz.

Find anytime meals and snacks at the co-op.

INCLUSIVE TRADE PARTNER

Tucson Tamale started with a large Mexican-American family tradition and now makes award-winning tamales.



5.49 Tucson Tamale Tamales
10 oz., selected varieties



2/\$6
Nature's Path Organic Frozen Waffles
7.4 oz., selected varieties



3/\$10 Amy's Burritos
5.5-6 oz., selected varieties



3.99
Silver Hills Sprouted Bread
15-22 oz., selected varieties



2/\$8
Cascadian Farm Organic Frozen Fruits
8-10 oz., selected varieties



2/\$8
Cascadian Farm Organic Frozen Potatoes
12-16 oz., selected varieties



4.49
Dr. Praeger's Veggie Burgers
10 oz., selected varieties



6.99
Daiya Frozen Pizza
12.8-19.4 oz., selected varieties

no compromises

Great taste or gluten-free? You don't have to choose. Canyon Bakehouse delivers the taste, texture and quality you expect from real bread — without the gluten. No compromises needed with Canyon Bakehouse.



5.99 Canyon Bakehouse Gluten-free Bread or Bagels
14-18 oz., selected varieties

INCLUSIVE TRADE PARTNER

Maria & Ricardo's is a Hispanic-owned company. We've expanded our natural and organic tortilla products to meet a variety of dietary needs.



3.49 Maria & Ricardo's Organic Flour Tortillas
8 ct.

The co-op has options for easy meals.

1.79

**Vermont
Smoke & Cure
Meat Stick**
1 oz., selected varieties



2/\$4
Justin's
Organic Candies
1.32-1.5 oz., selected
varieties



2.69
The Good Crisp
Potato Chips
5.5 oz., selected varieties



2/\$4
Gimme
Organic Seaweed
Snacks
.32-.35 oz., selected
varieties



2/\$5
Rishi
Sparkling Botanicals
Beverages
12 fl. oz., selected varieties



5.99
Clif
Organic Zbars
6.35-7.62 oz., selected
varieties



6.49
Grandy Organics
Grain-free
Coconola
9 oz., selected varieties

your favorite plant milks

You can enjoy your favorite organic, non-GMO, lactose-free, dairy-free, gluten-free beverage with either our West Life 9g of protein soymilk, or our creamy, smooth, versatile Dream ricemilk.

2/\$7

**Dream or West Life
Organic Ricemilks
or Soymilks**
32 fl. oz., selected varieties



6.49
Kashi
Cereal
12.7-18 oz., selected varieties

Find the snacks you love at the co-op.



2/\$4

Poppi
Prebiotic Sodas
12 oz., selected varieties



2/\$6

Good Health
Potato Chips
5 oz., selected varieties



2/\$6

Field Day
Sea Salt Veggie Straws
7 oz.



3.29

Unique Snacks
Pretzels
10-11 oz., selected varieties



3.69

Pur
Gum
55 ct., selected varieties



4.99

Loacker
Wafer Cookies
7.76-8.82 oz., selected varieties



2/\$9

Fever Tree
Cocktail Mixers
4 pk.-6.8 fl. oz., selected varieties



4.79

Theo
Organic Chocolate Bar
3 oz., selected varieties

taste the magic



Celebrate what's possible when pleasure meets purpose. Made with Regenerative Organic Certified© cocoa and sugar, Magic Chocolate is lovingly crafted using ingredients grown with respect for people and planet.

4.49

Magic Chocolate
Organic Chocolate Bar
2.93-3 oz., selected varieties



4.69

Mi Niña
Tortilla Chips
12 oz., selected varieties



6.49

Waterloo
Sparkling Water
12 pk.-12 fl. oz., selected varieties

On-the-go options are at the co-op.



COOPERATIVELY OWNED

1.69

Simply Organic
Seasoning Mixes
.7-1.13 oz., selected
varieties



rooted in Italy



Now Regenerative Organic Certified, Bionaturae tomatoes from Italian family farms are picked at their prime and packed the same day, delivering clean, authentic flavor shaped by tradition and the land.

2/\$7

Bionaturae
Organic Tomatoes
28.2 oz., selected varieties



2/\$5

Wild Planet
Sardines
4.4 oz., selected varieties



2/\$5

Near East
Side Dish Mixes
5.25-10 oz., selected
varieties



3.49

Marukan
Organic Rice
Vinegar
12 fl. oz.



3.79

Tasty Bite
Entrées
10 oz., selected
varieties

ramen, reimagined

Single-serve ramen crafted from organic rice varieties and paired with classic miso soups. Thoughtfully sourced, quick to cook and easy to enhance with your favorite protein and toppings.

1.79

Lotus Foods
Rice Ramen
2.8 oz., selected varieties



8.99

Lucini Italia
Organic Pasta
Sauce
24 oz., selected varieties

COOPERATIVELY OWNED



12.99

Equal Exchange
Organic Mind,
Body & Soul
Coffee
per pound in bulk

The co-op has something for everyone.



1.99

Siete
Taco or Fajita
Seasoning
1-1.31 oz., selected varieties



3.99

Siete
Tortilla Chips
7.5 oz., selected varieties



3.99

Siete
Salsa
10.5 oz., selected varieties



7.49

Siete
Tortillas
7 oz., selected varieties

mild and delicious

“Casera” means “homemade,” and we can’t wait for you to get a taste of what it’s like at our table. Siete’s food is made with a few thoughtfully selected ingredients that we hope you enjoy. ¡Buen Provecho!



Spruce up your routine with new ingredients from the co-op.

Delicious options.

a premium pour

Perfect for sautéing, roasting or drizzling over your favorite summer dishes. Crafted from organic Mediterranean olives and cold-pressed for a smooth, balanced flavor. Now with a resealable pop-up spout!

17.99

Napa Valley Naturals
Organic Extra Virgin Olive Oil
25.4 fl. oz.

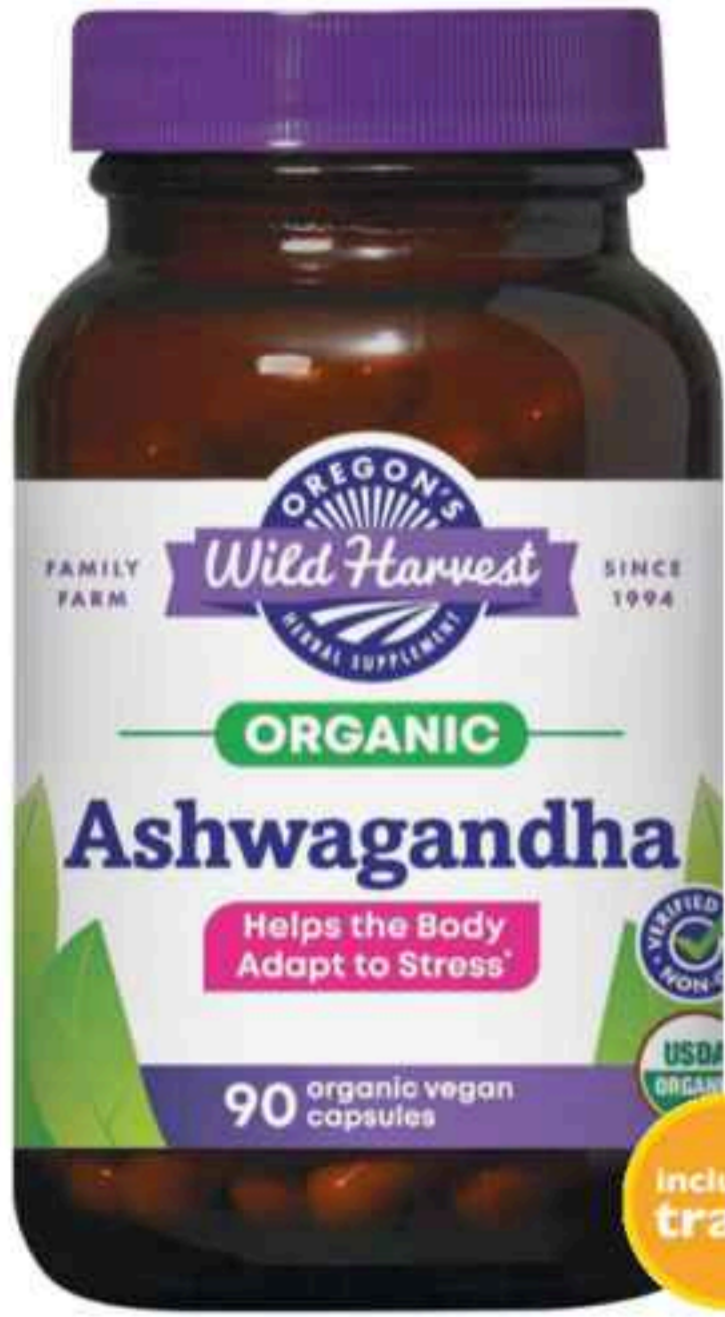


9.49

Artisana
Organic Raw
Tahini
14 oz.

Shop for meals you enjoy at the co-op.

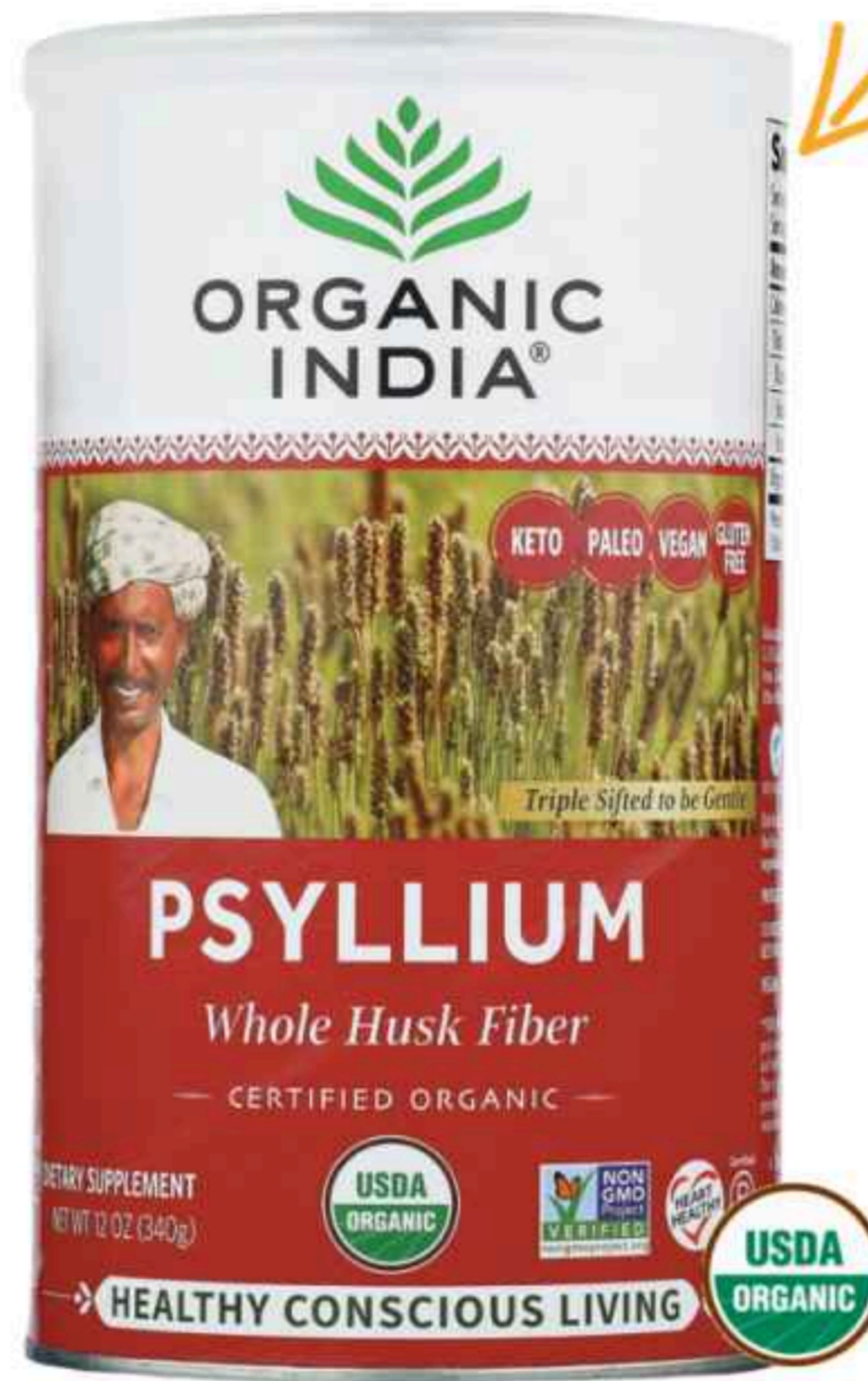
INCLUSIVE TRADE PARTNER



Oregon's Wild Harvest is a woman-owned company. We make organic herbal supplements on our family-owned, certified-organic, biodynamic farm.



18.99 Oregon's Wild Harvest Organic Ashwagandha 90 ct.



pure fiber

Ease starts with purity. Certified Organic psyllium fiber grown on small family farms with regenerative practices that protect soil health and biodiversity. Free from GMOs, synthetic pesticides, artificial colors and flavors.

12.99

Organic India Psyllium Husk Fiber 12 oz.



15.99
Ultima Replenisher Electrolyte Drink Mix 3.4-3.9 oz., selected varieties



2/\$6
Goldthread Plant-based Tonics 10.5 fl. oz., selected varieties

be extraordinary

From protein powder to probiotics and everything in between, **Garden of Life** has your daily health essentials covered. Our clean, third-party certified, specially formulated supplements are crafted to support your overall wellness. Isn't it time you felt alive?



23.99
Garden of Life Organics Women's Multi Gummies 120 ct., selected varieties



28.99
Garden of Life Women's Once Daily Probiotics 30 ct.



28.99
Garden of Life Men's Once Daily Probiotics 30 ct.



31.99
Garden of Life Raw Organic Protein 19.75-23.28 oz., selected varieties

Find all your supplements at the co-op.

Some items may not be available at all stores or on the same days



15.99
Derma E
Vitamin C
Concentrated
Serum
 2 fl. oz.

refill! refill!

Same great soap — with a rich lather and clean rinse, now in 86% less plastic than our 32 oz. recycled bottles! Made with Regenerative Organic Certified® oils. Mindful care for body and planet!

13.49

Dr. Bronner's
Magic Soap Refill
 32 fl. oz., selected varieties



INCLUSIVE TRADE PARTNER

Badger is a woman-owned company. We are family-owned and operated and create organic body care products with nourishing nutrients.

Inclusive trade

13.49

Badger
SPF 50 Adventure Mineral
Sunscreen Cream
 2.9 fl. oz.



5.49
Booda Organics
Cream Deodorant
 2.4 oz.

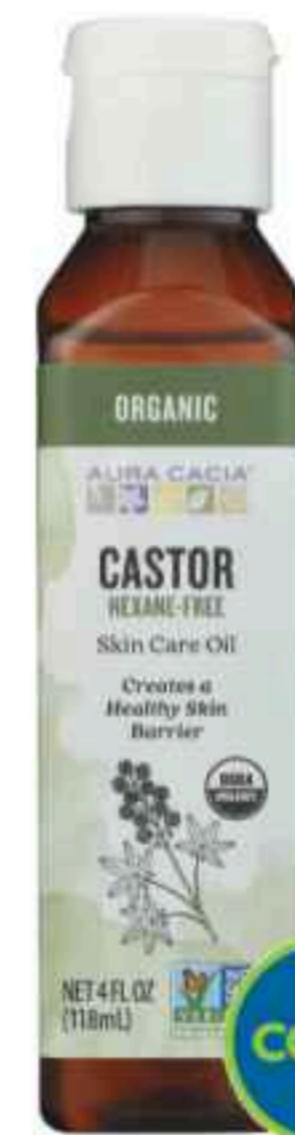
lavender castor glow oil

COOPERATIVELY OWNED

Create a simple body care ritual with calming lavender and nourishing castor oil. Try this easy blend: add three drops of lavender essential oil to one tablespoon of castor oil. Smooth onto cuticles or dry areas after bathing. Glow naturally with **Aura Cacia**.



7.69
Aura Cacia
Lavender
Essential Oil
 .5 fl. oz.



3.69
Aura Cacia
Organic
Castor Oil
 4 fl. oz.



6.99
Aura Cacia
Aromatherapy Mist
 4 fl. oz., selected varieties



2.69
Aura Cacia
Foam or Mineral
Bath Packet
 2.5 oz., selected varieties

Year-round body care products are at the co-op.

Shop for fresh, delicious, local food at a co-op near you.

CONNECTICUT

- Fiddleheads Co-op
- Willimantic Food Co-op

DELAWARE

- Newark Natural Foods Co-op

FLORIDA

- Community Co-op Market
- Ever'man Cooperative Grocery & Cafe

GEORGIA

- Daily Groceries Co-op
- Sevananda Natural Foods Market

MAINE

- Belfast Community Co-op
- Blue Hill Co-op
- Good Tern Co-op
- Portland Food Co-op
- Rising Tide Co-op

MARYLAND

- Greenbelt Co-op Supermarket and Pharmacy
- The Common Market
- TPSS Co-op

MASSACHUSETTS

- Assabet Co-op Market
- Berkshire Food Co-op
- Green Fields Market
- McCusker's Market

- River Valley Co-op
- Wild Oats Market

NEW HAMPSHIRE

- Concord Food Co-op
- Hanover Co-op Food Stores
- Littleton Food Co-op
- Monadnock Food Co-op

NEW YORK

- Abundance Food Co-op
- East Aurora Co-op Market
- Flatbush Food Cooperative
- GreenStar Cooperative Market
- High Falls Food Co-op
- Honest Weight Food Co-op
- Hungry Hollow Co-op
- Lexington Cooperative Market
- Potsdam Food Co-op
- Syracuse Cooperative Market

NORTH CAROLINA

- Chatham Marketplace
- Deep Roots Market
- Durham Co-op Market
- French Broad Food Co-op
- Hendersonville Community Co-op
- Tidal Creek Cooperative Food Market
- Weaver Street Market

PENNSYLVANIA

- East End Food Co-op

- Erie Food Co-op
- Mariposa Food Co-op
- South Philly Food Co-op
- Weavers Way Co-op

RHODE ISLAND

- Urban Greens Co-op Market

TENNESSEE

- Three Rivers Market

VERMONT

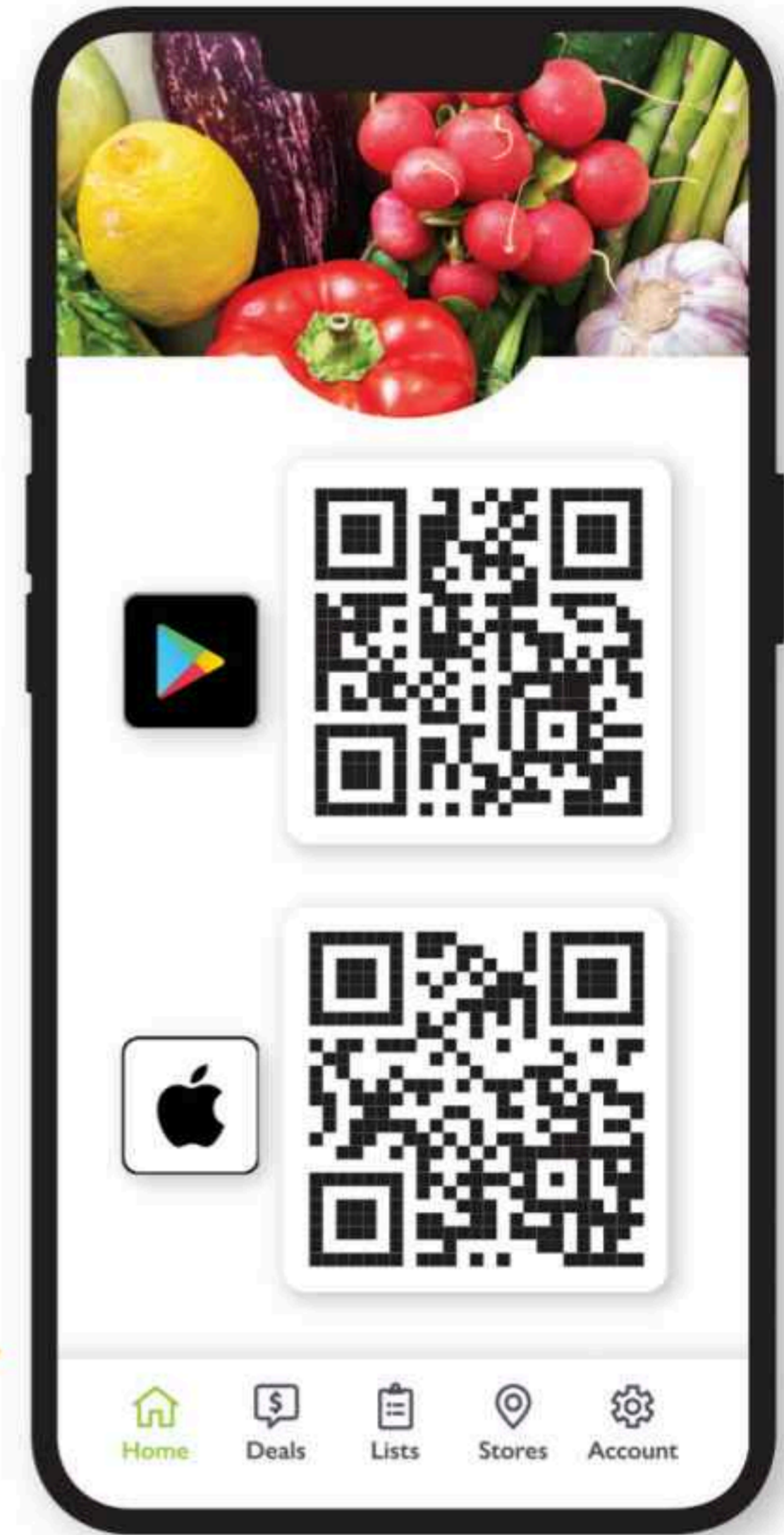
- Brattleboro Food Co-op
- Buffalo Mountain Market
- City Market/Onion River Co-op
- Co-op Food Store
- Hunger Mountain Co-op
- Middlebury Natural Foods Co-op
- Morrisville Food Co-op
- Putney Food Co-op
- Rutland Area Food Co-op
- Springfield Food Co-op
- Upper Valley Food Co-op

VIRGINIA

- Fredericksburg Food Co-op
- Friendly City Food Co-op
- Lovettsville Co-op Market
- Roanoke Co+op

coop deals.

Download the App!



See what's on sale with the Co+op Deals app!

Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

everyday fuel

Snacks with ingredients you know. For breakfast before the commute, a quick bite between errands or something to carry you through a long walk. **Kind** offers everyday staples that fit into real moments.



2/\$3

Kind Bars
1.4 oz., selected varieties



4.99

Kind Grain Clusters or Granola
11 oz., selected varieties



5.49

Kind Breakfast Bars
6 pk.-1.76 oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.



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