Ctop deals.

AUG 20 - SEPT 2, 2025

summer sparkles

Active summers should be met with relaxing moments. Whether it's a backyard beverage on the patio, a day at the beach or hanging out at the park, top off your summer drinks with some extra bubbles. San Pellegrino's Sparkling Natural Mineral Water is a great bubbly option for some extra sparkle this summer.





San Pellegrino
Sparkling Mineral Water
25.3 fl. oz.





Buy One, Get One

FREE

Annie's

Mac & Cheese

5.25-6 oz., selected varieties





Buy One, Get One

FREE

Goodpop

Frozen Novelties

9.9-13.2 fl. oz., selected varieties





Buy One, Get One

FREE

Sir Kensington's

Mayonnaise

12 fl. oz., selected varieties



Buy One, Get One

special offers inside!



Buy One, Get One

FREE

Andalou Naturals
Shampoos or Conditioners

11.5 fl. oz., selected varieties



Buy One, Get One

FREE

The Humble Co.

Floss Picks

50 ct., selected varieties



Buy One, Get One

FREE

Mineral Fusion

Mascaras

.3 fl. oz., selected varieties

COOPERATIVELY OWNED



Buy One, Get One

FREE

Aura Cacia

Kids Aromatherapy Mists

2 fl. oz., selected varieties



Buy One, Get One

FREE

Preserve

Razor Shave 5 Systems

each, selected varieties



Buy One, Get One

FREE

Country Life

Vitamin D3 50001U 200 ct.

200 Ct

Body care and wellness BOGOS are at the co-op.



Buy One, Get One

12' PROTEIN 330 CALORIES

FREE

Red's Burritos

4.5-5 oz., selected varieties



Buy One, Get One

FREE

Crofter's
Organic Premium
Fruit Spreads
16.5 oz., selected varieties



Buy One, Get One

FREE

Kite Hill

Plant-based Yogurts

5.3 oz., selected varieties



Buy One, Get One

FREE

Ben & Jerry's Ice Creams or Non-dairy Desserts

15.2-16 fl. oz., selected varieties



Buy One, Get One

FREE

Bitchin' Sauce
Almond Dips
7-8 oz., selected varieties





Buy One, Get One

FREE

Desert Essence

Toothpastes

6.25 oz., selected varieties

The co-op has summer BOGOs.

taste the obsession

INCLUSIVE TRADE PARTNER

Purely Elizabeth is a womanowned company. When you eat better, you feel better. Elizabeth started Purely Elizabeth to make food full of nourishing ingredients and delicious, culinary taste to help you thrive on your wellness journey.

Buy One, Get One

FREE

Purely Elizabeth Granolas or Cereals

8-12 oz., selected varieties







4/\$9
Noosa
Yoghurts
8 oz., selected varieties



2/\$4
Yachak Organic
Yerba Mates
16 fl. oz., selected
varieties

simple plant-based ingredients

New meatier taste: from grill to griddle to frying pan, a dinner sausage stuffed with delicious flavor and satisfying sizzle.

Buy One, Get One

FREE

Beyond Meat
Plant-based Sausages
14 oz., selected varieties





4/\$5

Fage Yogurts

5.3 oz., selected varieties

The co-op has BOGOs you'll love.

care in every bite

Applegate has been producing high-quality natural and organic products made with non-GMO ingredients and sourced from farms that promote natural growth and where animals are raised with space to engage in natural behaviors. Taste the difference.



5.99

Applegate
Bacon
8 oz., selected varieties



6.99

Applegate
Organic
Oven Roasted
Turkey
6 oz., selected varieties



6.49

Applegate
Gluten-free
Chicken Nuggets
8 oz.



10.99

Applegate
Chicken Nuggets,
Tenders or Breakfast
Sausages
16 oz., selected varieties





3.99
Goodbelly
Probiotic Drink

32 fl. oz., selected

varieties



6.49
Health-Ade
Organic Kombucha
48 fl. oz., selected varieties

organic yogurts goodness

Stonyfield Organic uses 100% organic milk from pasture-raised cows, live and active cultures, and a variety of flavors to create an irresistible snack for kids on the go!

4.49

Stonyfield Organic Kids Yogurt Tubes

8 pk.-2 oz., selected varieties

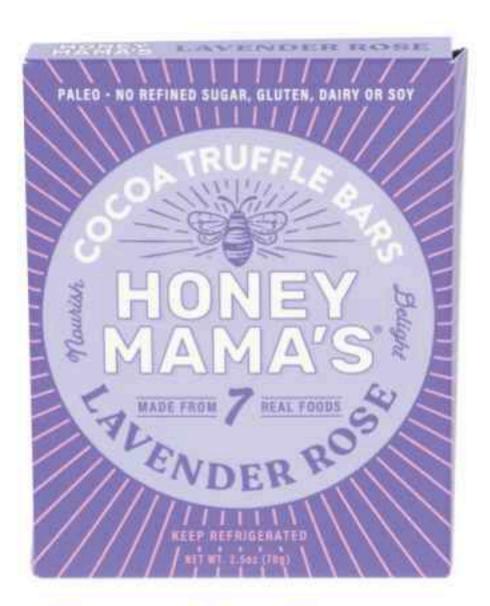




3.79

The Greek Gods
Greek Yogurt
24 oz., selected varieties

Find the perfect start to your day at the co-op.



3.99

Honey Mama's Truffle Bar

2.5 oz., selected varieties



2/\$7
Planet Oat
Oatmilks
52 fl. oz., selected varieties



3.99
Green Valley
Creamery
Organic
Lactose-free Sour
Cream

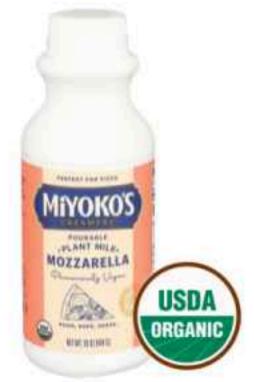
12 oz.



4.49
Nutpods
Dairy-free
Creamer
25.4 fl. oz., selected varieties



4.79
Good Karma
Flax Milk
64 fl. oz., selected
varieties



5.49
Miyoko's Creamery
Organic Pourable
Plant Milk Mozzarella
16 oz.

COOPERATIVELY OWNED



5.99
Organic Valley
Stringles
8 oz.

COOPERATIVELY OWNED



7.99
Organic Valley
Butter
16 oz., selected varieties

summer of full flavor

OLIPOP Classic Root Beer melds just the right mix of classic bite and creamy sweetness with extracts of sweet birch, smooth vanilla bean and real burdock root — float-worthy flavor in every sip.

2/54

Olipop Prebiotic Sodas

12 fl. oz., selected varieties



INCLUSIVE TRADE PARTNER

Three Trees is a woman-owned company with a passion for creating nutritious, plant-based beverages using the wonders of the forest to provide clean ingredients.

5.99

Three Trees
Organic Plant-based
Milk

28 fl. oz., selected varieties



Pour yourself a refreshing beverage from the co-op.

VALID SALES DATES: AUG 20 - SEPT 2, 2025 grocery.coop



2/\$5 Stahlbush Island Farms Frozen Vegetables



3.99 Silver Hills Sprouted Bread 15-22 oz., selected varieties



INCLUSIVE TRADE PARTNER

Deep Indian Kitchen is owned by a third-generation Indian American family. Turn up the flavor this summer with our chicken tikka masala and handmade samosas. Crafted from real family recipes — ready in minutes and gone just as fast.

Deep Indian Kitchen Entrées or Samosas

7.5-12 oz., selected varieties

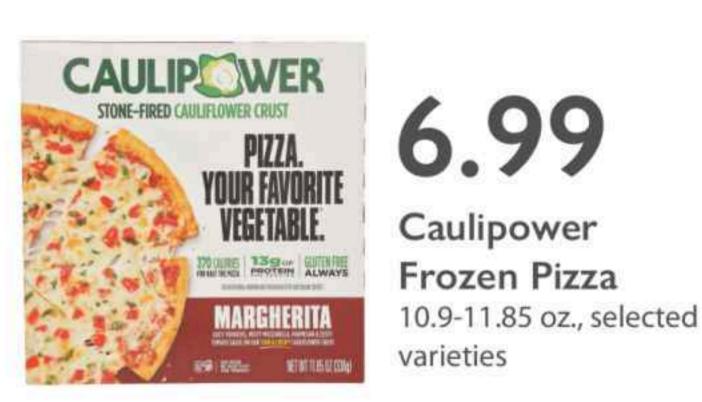


4.49 Oatly Non-dairy Frozen Dessert 1 pt., selected varieties

COOPERATIVELY OWNED



6.49 Tillamook Ice Cream 1.5 quarts, selected varieties



6.99 Caulipower Frozen Pizza

talenti GELATO talenti. Pacific Coast Pistachio ladagascan Vanilla Bean ONE PINT (473ML) ONE PINT (473ML)

100% natural ingredients

Real flavor from real ingredients. No artificial flavors, sweeteners or colors. Gelato and sorbetto made from scratch.

Talenti Gelato or Sorbetto

1 pt., selected varieties



6.99 Feel Good Foods Appetizers 8.2-10 oz., selected varieties



Find brands you love at the co-op.

crafted for life's little wins

Always organic ingredients so you can be at your best in everything you do. Enjoy your favorite **RW Knudsen** and **Santa Cruz Organic** products! Something for everyone in the family!



2/\$5

R.W. Knudsen
Organic Recharge
32 fl. oz., selected varieties



3.99

Santa Cruz Organic Lemon or Lime Juice 16 fl. oz., selected varieties



3.99

Santa Cruz Organic
Applesauce
23-24 oz., selected varieties



5.99

Santa Cruz Organic Peanut Butter 16 oz., selected varieties

carpe diem with cold-brew

Cold-brewed for 10+ hours at room temperature, Chameleon Organic Medium Roast Cold-Brew concentrate is smooth, bold and ready-made to fuel life's experiences — just pour, mix and serve.



Chameleon Cold Brew Organic Coffee Concentrate

32 fl. oz., selected varieties





5.99

Kettle & Fire
Bone Broth
16.9 oz., selected
varieties



9.49

Once Again
Almond Butter
16 oz., selected varieties

scoop up the savings in bulk!



1.79

Organic Yellow Popcorn per pound in bulk



2.29

Organic
Black Beans
per pound in bulk



6.49

Organic
Cranberries
per pound in bulk

The co-op has a great selection of bulk items.



3.29 Woodstock Organic Ketchup 19.5-20 oz.

the ultimate cooking oil

Elevate every meal with pure, quality-tested avocado oil! The neutral flavor, buttery texture and high-heat tolerance make it perfect for broiling, baking, pan-searing and more.

8.99

Primal Kitchen

Pure Avocado Oil

16.9 fl. oz.





2/\$7
Tasty Bite
Organic Entrees
8.8-10 oz., selected
varieties





7.99
Lucini Italia
Organic Pasta Sauce
24 oz., selected varieties

real Italian, gluten-free

Experience authentic, gluten-free pasta crafted with traditional techniques and organic ingredients. Enjoy the perfect balance of flavor and texture in every bite, bringing Italy's finest to your table.

3.69

Jovial

Organic Brown Rice Pasta

12 oz., selected varieties





5.49
Woodstock
Organic Pickles
24 fl. oz., selected varieties

Grab back-to-school comfort food from the co-op.



2/\$9
Barbara's
Cereals
10-14 oz., selected varieties



2/\$3
Solely
Organic Fruit
Jerky
.8 oz., selected varieties



2/\$7
West Life
Soymilks
32 fl. oz., selected varieties



3.79
MadeGood
Organic Granola
Bars
4.25-5.1 oz., selected
varieties



2/\$7
Dream
Ricemilks
32 fl. oz., selected varieties



4.99
Birch Benders
Pancake & Waffle
Mix
14-16 fl. oz., selected
varieties



5.79
Clif
Organic Zbar
6 pk.-1.27 oz., selected varieties



8.99
Nature's Path
Organic
Cereal
26.4-32 oz., selected varieties

-20 g of plant-based protein



PROBLEM NETWES CHIEFE THE

Peanut butter with an indulgent chocolate coating you'll want to eat. Our Peanut Butter Chocolate Bar is reformulated to have 20% less sugar and a smooth, never gritty mouthfeel.

2/\$5

Probar Meal Bars

3 oz., selected varieties

INCLUSIVE TRADE PARTNER

Catalina Crunch is a diverse-owned brand. Our products satisfy your sweet tooth but aren't loaded with sugar and empty carbs.

New Great Tastel



6.99

Catalina Crunch Keto Cereal 8-9 oz., selected varieties

Stock up for the busy school year at the co-op.



3.29
Boulder Canyon
Potato Chips

5.25-6.5 oz., selected varieties

tastes like good times!

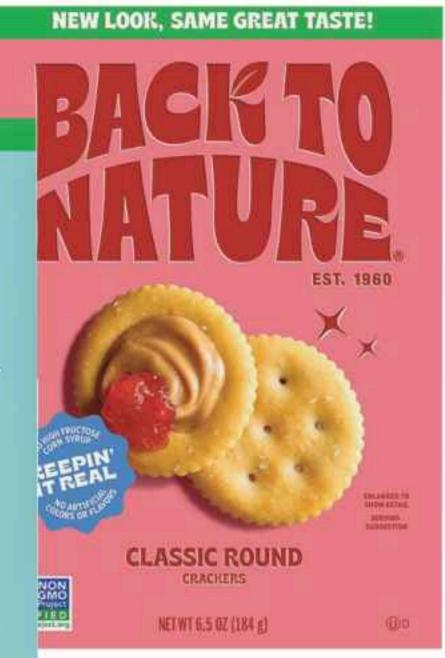
Back to Nature is remaking your favorite snacks super tasty with honest-to-goodness ingredients.
Simple joys, no regrets, happy days.

2/57

Back to Nature Crackers

3.2-7 oz., selected varieties







2/\$6
Barbara's
Cheese Puffs
7 oz., selected varieties



3.99
R.W. Knudsen
Organic Juice
32 fl. oz., selected
varieties



Seaweed? So good!

Gimme is the snack the Earth needs!
Seaweed requires no fresh water or land to grow, is responsibly farmed using no chemicals, and captures
CO2 and de-acidifies oceans.

2/54

Gimme
Organic
Seaweed Snacks
.32-.35 oz., selected varieties







4.49
Kettle Brand
Potato Chips
13 oz., selected varieties

The co-op has delicious lunch options.



2/\$7
Alter Eco
Organic Chocolate Bars
2.65-2.96 oz., selected varieties

indulgent and simple

Hu unites simple ingredients with unbeatable taste. Dive into delicious, organic chocolate made with no weird ingredients. Ever. Your taste buds will thank you.

3.99

Hu Organic Chocolate Bar 2.1 oz., selected varieties







4.29
Newman's Own
Fig Newmans
10 oz., selected varieties



4.49
Fever Tree
Cocktail Mixers
4 pk.-6.8 fl. oz., selected varieties



2/\$10 Waterloo
Sparkling Waters
12 pk.-12 fl. oz. cans,
selected varieties

rice-obsessed since 1937

We exist to grow the highest-quality rice using organic and regenerative farming practices because the health of our bodies and our planet depends on it.

3.99

Lundberg Family Farms
Organic Rice Cakes
5-10.5 oz., selected varieties



CARDEN OF EATING
ORGANIC
Chips
USDA
ORGANIC

5.99 Garden of Eatin' Organic Tortilla Chips 14 oz., selected varieties

Find new snacks for the family at the co-op.



3.99

Vita Coco Coconut Water 33.8 fl. oz., selected

varieties





crafted to go further

In Vermont, halfway won't cut it. That's why we handcraft our meat sticks in small batches, then slow smoke them for real flavor that goes the distance.

3/\$5

Vermont Smoke & Cure Meat Sticks

1 oz., selected varieties





2.79
Pirate Brands
Pirate's Booty
4 oz.



4.29

Back to Nature
Cookies
7.5-9 oz., selected varieties

the perfect snack.

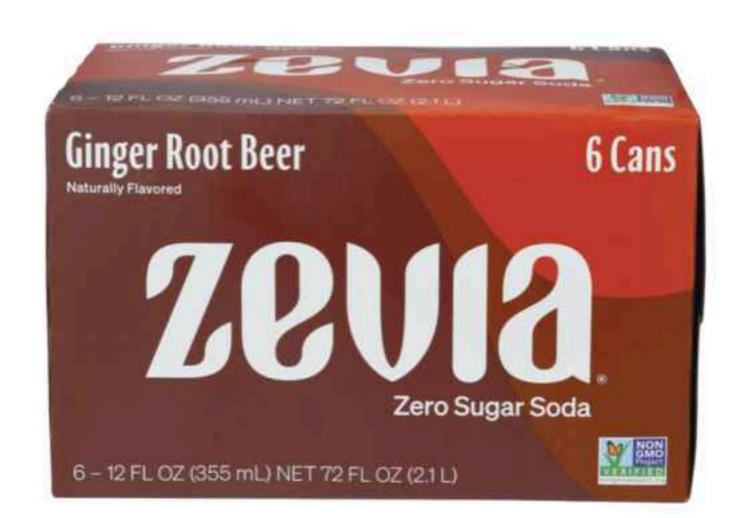
The ultimate snack — sweet or savory — is perfectly pop-able and packed with nutrition, made from simple ingredients for a light, crunchy bite that fuels every adventure without weighing you down.

2/58

Simple Mills
Cookies or Crackers

4-5.5 oz., selected varieties





5.49

Zevia

Zero Sugar Soda

6 pk.-12 fl. oz. cans, selected varieties

Picnic-ready options are at the co-op.

clean home, clean clean conscience

Discover **Seventh Generation's** plant-based and effective solutions for you, your home and your family. A clean you can feel good about.



3.99

Seventh Generation 100% Recycled Bath Tissue 4 ct.



3.69

Seventh Generation

Dish Soap

19 fl. oz., selected varieties



6.39

Seventh
Generation
Fabric Softener
Sheets
80 ct., selected varieties



13.99

Seventh
Generation
Laundry Liquid
23.1-90 fl. oz., selected
varieties



Time to organize and clean?

Fresh solutions for cleaning.

INCLUSIVE TRADE PARTNER



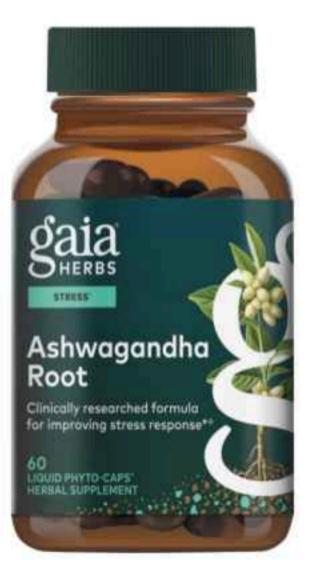
Moon Valley Organics is a woman-owned company. We make body care products with a passion to live ethically and sustainably.

4.99
Moon Valley
Organics
Foaming Hand
Soap
8.8 fl. oz., selected



9.99

Jason
Body Wash
30 fl. oz., selected varieties



16.99

Gaia Herbs
Ashwagandha Root
60 ct.

The co-op has eco-friendly options.



favorite deals

Never miss your favorite deals

Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.













19.99
Barlean's
Organic Flax Oil
16 fl. oz.



8.99

Alaffia
Kids Bubble Bath
32 fl. oz., selected
varieties



8.99

Alaffia
Everyday Shea
Body Wash
32 fl. oz., selected varieties



8.99

Alaffia
Everyday Shea
Shampoo or
Conditioner
32 fl. oz., selected varieties



8.99

Alaffia
Everyday Shea
Body Lotion
32 fl. oz., selected varieties

made with love and respect

INCLUSIVE TRADE PARTNER

Alaffia is a Black-owned company with a mission to create a more sustainable and equitable future.

Our women-led cooperatives in West Africa produce heritage, nutrient-rich African ingredients rooted in tradition.

Download the Co+op Deals app today!

Shop for fresh, delicious, local food at a co-op near you.

CONNECTICUT

Fiddleheads Co-op
Willimantic Food Co-op

DELAWARE

Newark Natural Foods Co-op

FLORIDA

Community Co-op Market Ever'man Cooperative Grocery & Cafe

GEORGIA

Sevananda Natural Foods Market

MAINE

Belfast Community Co-op
Blue Hill Co-op
Good Tern Co-op
Portland Food Co-op
Rising Tide Co-op

MARYLAND

Greenbelt Co-op
Supermarket and Pharmacy
The Common Market
TPSS Co-op

MASSACHUSETTS

Assabet Co-op Market
Berkshire Food Co-op
Green Fields Market
McCusker's Market
River Valley Co-op
Wild Oats Market

NEW HAMPSHIRE

Concord Food Co-op
Hanover Co-op Food Stores
Littleton Food Co-op
Monadnock Food Co-op

NEW YORK

Abundance Food Co-op

East Aurora Co-op Market
Flatbush Food Cooperative
GreenStar Cooperative Market
High Falls Food Co-op
Honest Weight Food Co-op
Hungry Hollow Co-op
Lexington Cooperative Market
Potsdam Food Co-op
Syracuse Cooperative Market

NORTH CAROLINA

Chatham Marketplace
Deep Roots Market
Durham Co-op Market
French Broad Food Co-op
Hendersonville Community Co-op
Tidal Creek Cooperative Food Market
Weaver Street Market

PENNSYLVANIA

East End Food Co-op Erie Food Co-op Mariposa Food Co-op South Philly Food Co-op Weavers Way Co-op

RHODE ISLAND

Urban Greens Co-op Market

TENNESSEE

Three Rivers Market

VERMONT

Brattleboro Food Co-op
Buffalo Mountain Market
City Market/Onion River Co-op
Co-op Food Store
Hunger Mountain Co-op
Middlebury Natural Foods Co-op
Morrisville Food Co-op
Putney Food Co-op
Rutland Area Food Co-op
Springfield Food Co-op
Upper Valley Food Co-op

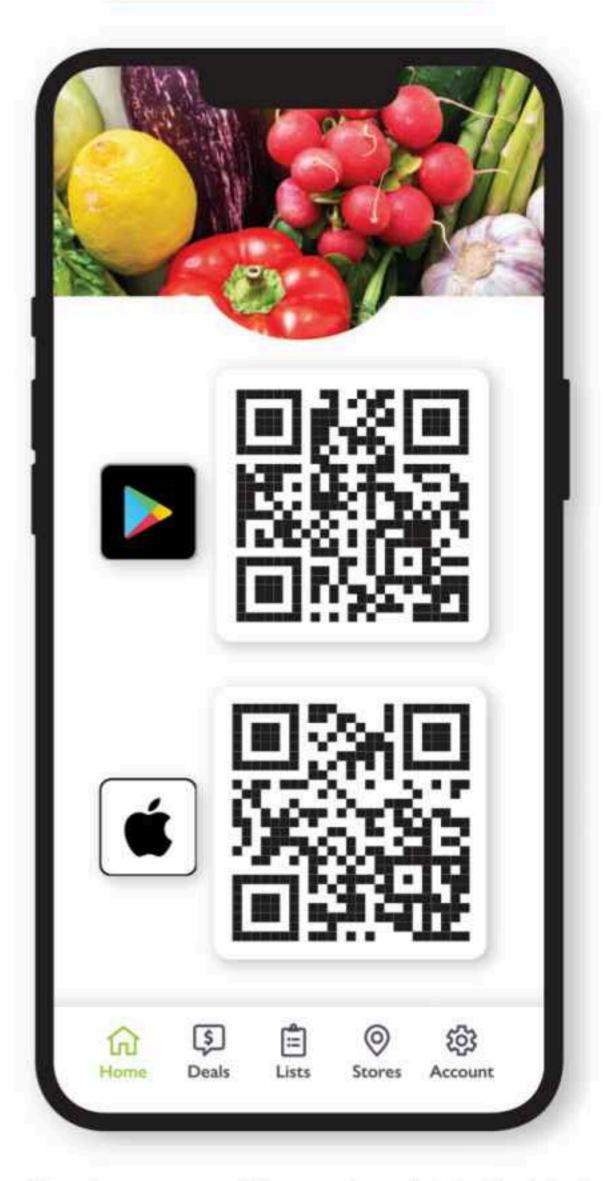
VIRGINIA

Fredericksburg Food Co-op Friendly City Food Co-op Lovettsville Co-op Market Roanoke Co+op





Download the App!



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

great taste

RXBAR — get the protein you need from simple ingredients. Perfect for giving you the power you need on the go, or post/pre-workout fuel.

2/54

Rxbar

Protein Bars

1.83-1.9 oz., selected varieties





3.79

Rebbl

Organic Functional Beverage

12 fl. oz., selected varieties















Some items may not be available at all stores or on the same days.

