

coop deals[®]

JUL 2 - JUL 15, 2025

remarkably smooth

FULL OF FLAVOR

Summer and frozen desserts go hand in hand, so be sure to find time to unwind and relax with Talenti Gelato. Scoop up your favorite flavor and enjoy a sweet treat. Grab a pint or two while they're on sale at the co-op!



4.99

Talenti
Gelato or Sorbetto
1 pt., selected varieties



4/\$6

Larabar
Fruit & Nut Bars
1.06-1.7 oz., selected varieties



2/\$4

De La Calle!
Organic Mexican
Sodas
12 fl. oz., selected
varieties



4.49

Quinn
Filled Pretzel
Nuggets
5-7 oz., selected varieties



Shop the co-op for maximum summertime enjoyment.
Relax with your favorite treats.

plant-based
entertaining
essentials



Lightlife and Field Roast are the perfect summer companions. Try some of our plant-based favorites at your next get-together for a flavorful addition to any dish.

3.39

Lightlife
Organic Tempeh
8 oz., selected varieties

4.99

Field Roast
Chao Plant-based
Cheese
7-8 oz., selected varieties

5.49

Field Roast
Plant-based
Sausages
12.95 oz., selected varieties

5.99

Field Roast
Plant-based Appetizers
and Entrees
10-11 oz., selected varieties



3.99

Daiya
Dairy-free Shreds
7.1 oz., selected
varieties



4.49

Silk
Plant-based Milk
64 fl. oz., selected
varieties



4.49

Upton's Naturals
Seitan
5-8 oz., selected
varieties

COOPERATIVELY OWNED



5.39

Organic Valley
Cheese Slices
6 oz., selected varieties

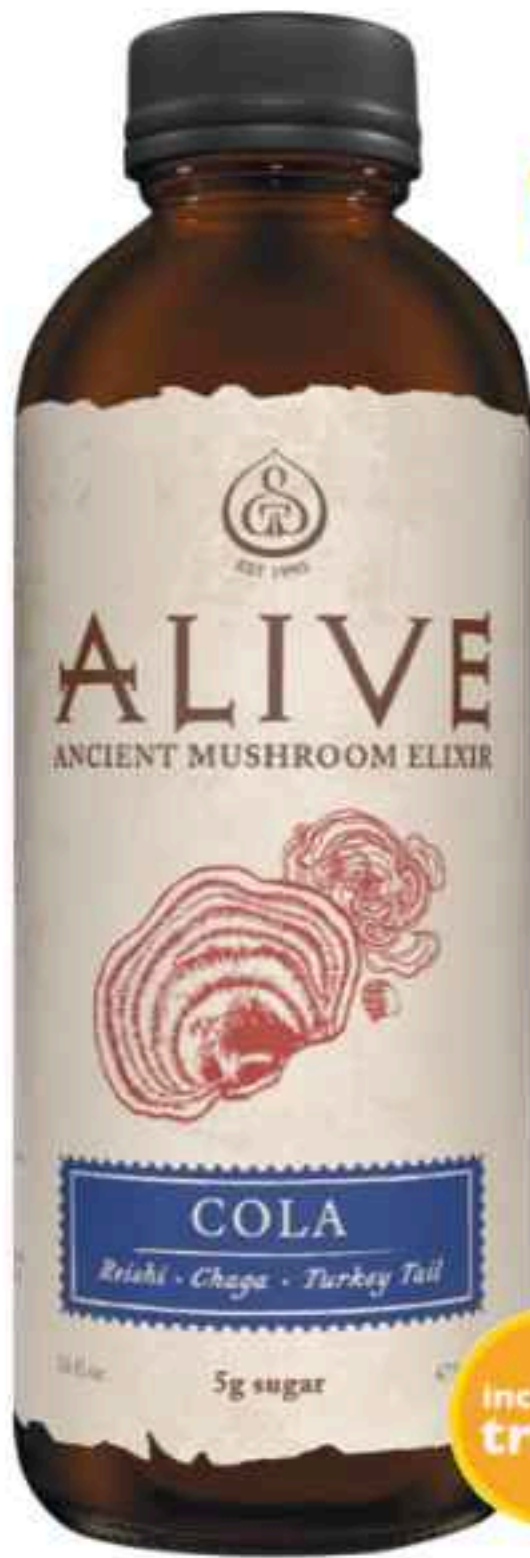
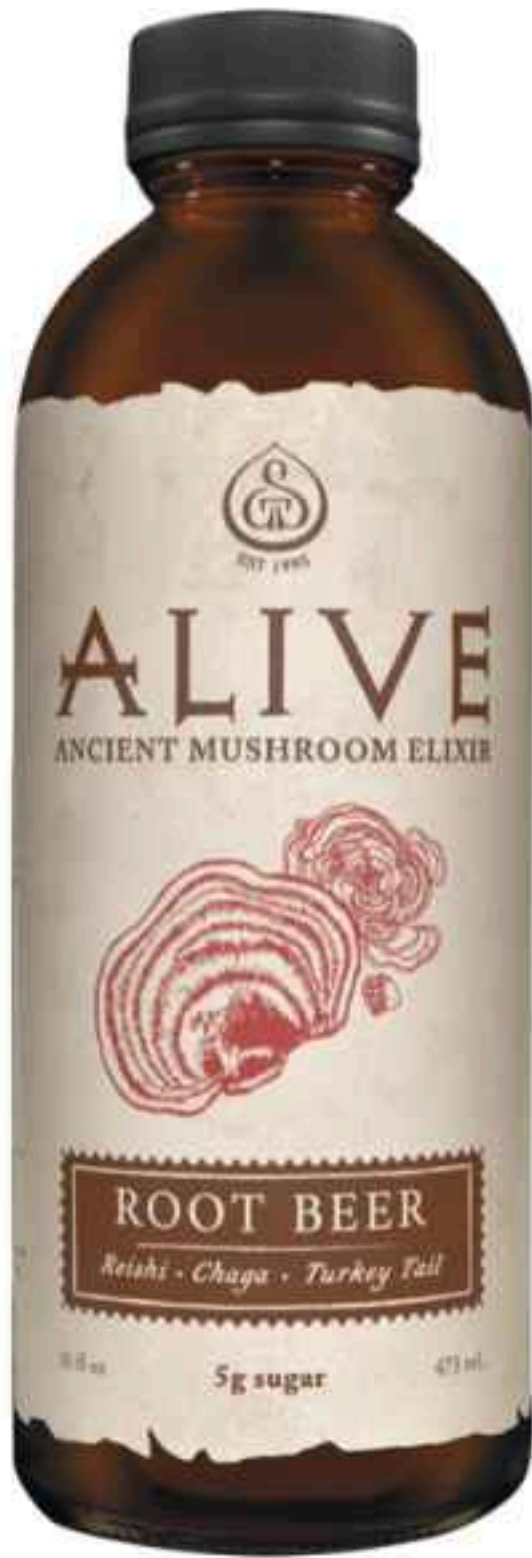
delicious, sparkling and adaptogenic

INCLUSIVE TRADE PARTNER

GT's Living Foods is LGBTQIA+-owned and a leader in fermented foods. ALIVE is crafted with the uplifting trio of chaga, reishi and turkey tail mushrooms so you can feel clear minded, focused and balanced.

2.79

GT's
Alive Ancient
Mushroom Elixir
16 fl. oz., selected varieties



inclusive
trade



Beat the heat with deals from the co-op.

Some items may not be available at all stores or on the same days

always in good taste

Experience the joys of fermentation and pickling! As the top-selling pickle, sauerkraut and kimchi brands among natural shoppers, **Bubbies** and **Wildbrine** have delivered great taste and functionality for generations through a commitment to high-quality, minimally processed, plant-based foods.

PROBIOTIC
Raw • Fermented

Green Organic Kraut

USDA ORGANIC

Wildbrine

PROBIOTIC
Raw • Fermented

Red Beet & Cabbage Organic Kraut

USDA ORGANIC

Wildbrine

BUBBIES

KOSHER DILL PICKLES

NET CONTENTS 33 FL. OZ. (1.03 QT) 976 mL

BUBBIES

BREAD & BUTTER CHIPS

NET CONTENTS 33 FL. OZ. (1.03 QT) 976 mL

6.99

Wildbrine Organic Sauerkraut

18 oz., selected varieties

7.99

Bubbies Pickles or Pickle Chips

33 fl. oz., selected varieties

Forager Project

Organic Unsweetened Plain 1g

USDA ORGANIC

Forager Project Organic Cashewmilk Yogurt

24 oz., selected varieties

4.99

Forager Project Organic Cashewmilk Yogurt

24 oz., selected varieties

OVEN ROASTED TURKEY BREAST

NO ANTIBIOTICS EVER

APPLEGATE NATURALS

Applegate Sliced Deli Meat

7 oz., selected varieties

5.49

Applegate Sliced Deli Meat

7 oz., selected varieties

THOUSAND HILLS

100% GRASS FED BEEF

GROUND BEEF 80% LEAN 20% FAT

Thousand Hills 100% Grass-fed Ground Beef 80% Lean 20% Fat

16 oz.

8.49

Thousand Hills 100% Grass-fed Ground Beef 80% Lean 20% Fat

16 oz.

ithaca hummus

lemon dill

10oz (284g)

Keep refrigerated. Enjoy within 7 days of opening.

ithaca Hummus

10 oz., selected varieties

3.99

ithaca Hummus

10 oz., selected varieties

Shop the co-op for picnic essentials.

Some items may not be available at all stores or on the same days



Wildwood
organic

High Protein Tofu
READY TO COOK, WATER DRAINED & PRESSED

70g
PROTEIN PER 1/2 CUP

SUPER FIRM

USDA ORGANIC

3.49

Wildwood
Organic Super Firm Sprouted Tofu
16 oz., selected varieties



Alden's
ORGANIC
EST. 2004
OREGON MADE

MINT CHIP
with our signature chocolate chips

ICE CREAM
1.5 QTS (1.42L)

USDA ORGANIC

Alden's
ORGANIC
EST. 2004
OREGON MADE

VANILLA BEAN
with real vanilla beans

ICE CREAM
1.5 QTS (1.42L)

USDA ORGANIC

scoop-worthy

Real ingredients. Real good. Alden's Organic ice cream is certified organic, non-GMO and packed with flavor you can feel good about sharing.

8.99

Alden's Organic Ice Cream
1.5 qts., selected varieties



THE FARMLAND
ORGANIC

CASCADIAN FARM
ORGANIC

RED RASPBERRIES

USDA ORGANIC

2/\$8

Cascadian Farm Organic Frozen Fruits
8-10 oz., selected varieties



THE FARMLAND
ORGANIC

CASCADIAN FARM
ORGANIC

SPUD PUPPIES

USDA ORGANIC

2/\$8

Cascadian Farm Organic Frozen Potatoes
12-16 oz., selected varieties



THE ORIGINAL
OATLY!
No dairy. No gluten. No chills.

vanilla

USDA ORGANIC

4.49

Oatly Non-dairy Frozen Dessert
1 pt., selected varieties

greens made easy

Meeting your nutrition goals can be made easier with Woodstock's ready-to-heat frozen vegetables. Our farm-to-frozen vegetables are organic, non-GMO and free from artificial colors, flavors and preservatives.

2/\$5

Woodstock
Organic Frozen Vegetables
10 oz., selected varieties



WOODSTOCK
EAT BECAUSE IT'S GOOD!

ORGANIC
BROCCOLI FLORETS
FARM to Frozen

USDA ORGANIC

WOODSTOCK
EAT BECAUSE IT'S GOOD!

ORGANIC
PETITE PEAS
Farm FRESH!

USDA ORGANIC

NET WT. 10 OZ (283g)



dr. Praeger's
TASTY MEETS VEGGIE

California
Veggie Burgers

MADE WITH 10 DIFFERENT VEGETABLES

4.49

Dr. Praeger's Veggie Burgers
10 oz., selected varieties



SO DELICIOUS
DAIRY FREE

Dipped
salted caramel CASHUEWMILK

4.99

So Delicious Dairy-free Frozen Novelties
9.2-18.4 fl. oz., selected varieties

Fill the freezer with delicious items from the co-op.

Some items may not be available at all stores or on the same days



3.79

Nature's Path Organic
Toaster Pastries or
Instant Oatmeal
11-14 oz., selected
varieties

3.99

Nature's Path Organic
Cereal
9.5-14 oz., selected varieties

4.79

Nature's Path Organic
Love Crunch
Granola
10.6-11.5 oz., selected
varieties

5.49

Nature's Path Organic
Granola
11 oz., selected
varieties

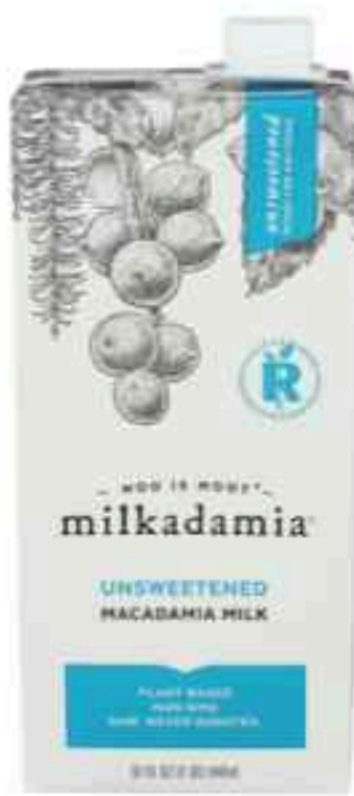
sustainability
commitments,
sourcing excellence

We have a vision of leaving the Earth better than we found it. Our Sustainable Supply Chain Code of Conduct policy guides our actions to achieve that vision when selecting organic ingredients and our packaging suppliers. Join **Nature's Path Organic** in action with every bite!



2.99

Pacific Foods Organic Almond
Beverage
32 fl. oz., selected
varieties



4.39

Milkadamia
Macadamia Milk
32 fl. oz., selected
varieties

COOPERATIVELY OWNED



11.99

Equal Exchange
Organic French
Roast Coffee
per pound in bulk

thrill your gut

With probiotically powered,
refreshingly bubbly Health-Ade
Kombucha made with real fruit juice.

2/\$5

Health-Ade
Organic Kombuchas
16 fl. oz., selected varieties



3/\$5

Kind
Bars
1.4 oz., selected varieties

Find brands you trust at the co-op.

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6.49

Sir Kensington's
Mayonnaise
12 fl. oz., selected varieties



6.99

Sweetleaf
Stevia Sweetener
2 fl. oz., selected varieties



8.99

Primal Kitchen
Pure Avocado Oil
16.9 fl. oz.



Make packing for picnics and playdates easier.
The co-op has flavors you love.

INCLUSIVE TRADE PARTNER



Bachan's is an Asian-owned company. We have perfected a multi-generational family recipe for sauces inspired by traditional Japanese flavors.

6.99

Bachan's
Japanese
Barbecue Sauce
15.5-17 fl. oz., selected
varieties



2.99

San-J
Gluten-free
Tamari Soy Sauce
10 fl. oz.

COOPERATIVELY OWNED



6.49

Simply Organic
Garlic Powder
3.64 oz., selected
varieties









14.99

Dr. Bronner's
Organic Whole Kernel
Virgin Coconut Oil
30 fl. oz.

Find ingredients for a fun day at the co-op.


Some items may not be available at all stores or on the same days



	5/\$6 KOYO Ramen 2-2.1 oz., selected varieties		1.39 Take Root Organics Tomato Paste 6 oz.		2.29 Siete Taco Seasoning 1.31 oz., selected varieties
	2/\$6 Wild Planet Skipjack Tuna 5 oz., selected varieties		2/\$7 Annie's Organic Ketchup 24 oz.		3.69 Woodstock Organic Olives 8.4-8.5 oz., selected varieties

Never miss your favorite deals



Scan the QR codes to download the Co+op Deals app!



	3.99 Garden of Eatin' Taco Shells 5.5 oz., selected varieties
	5.49 Food for Life Organic Ezekiel 4:9 Bread 24 oz., selected varieties

scoop up the savings in bulk!

	2.49 Organic Garbanzo Beans per pound in bulk		9.99 Organic Dried Mango per pound in bulk		9.99 Tamari Roasted Almonds per pound in bulk
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Download the Co+op Deals app today.

Some items may not be available at all stores or on the same days



2.69

The Good Crisp
Potato Crisps
5.6 oz., selected varieties



3.39

Hippeas
Chickpea Puffs
3.75-4 oz., selected
varieties



3.29

Mary's Gone Crackers
Organic Real Thin Crackers
5 oz., selected varieties



3.29

Food Should Taste
Good
Tortilla Chips
5.5 oz., selected varieties



3.99

Frontera
Salsa
16 oz., selected varieties



5.69

Virgil's
Sodas
4 pk.-12 fl. oz. bottles,
selected varieties

savor summer with Siete

Wherever summer takes you,
Siete Foods has got your snack.
Enjoy with friends and familia
because Juntos es Mejor, or
“together is better!”

2/\$8

Siete
Tortilla Chips
5-7.5 oz., selected varieties












3.69

Terra
Vegetable Chips
5 oz., selected varieties

The co-op has snacks for relaxing summer nights.

Some items may not be available at all stores or on the same days

 <div><div>2/\$3</div><div>Culture Pop Probiotic Sodas 12 fl. oz. can, selected varieties</div></div>	 <div><div>3.99</div><div>Theo Organic Chocolate Bar 3 oz., selected varieties</div></div>	 <div><div>2.29</div><div>The Mountain Valley Spring or Sparkling Water 33.8 fl. oz., selected varieties</div></div>
 <div><div>2/\$3</div><div>Steaz Organic Green Teas 16 fl. oz., selected varieties</div></div>	 <div><div>3.99</div><div>Theo Organic Chocolate Bar 3 oz., selected varieties</div></div>	 <div><div>3.99</div><div>C2O Coconut Water 33.8 fl. oz., selected varieties</div></div>
 <div><div>3.99</div><div>Q Mixers Drink Mixers 4 pk.-7.5 fl. oz. cans, selected varieties</div></div>	 <div><div>4.49</div><div>Mi Nina Tortilla Chips 12 oz., selected varieties</div></div>	 <div><div>2/\$10</div><div>Waterloo Sparkling Waters 12 pk.-12 fl. oz. cans, selected varieties</div></div>

everyday electrolytes, no junk



Ultima has 6 daily electrolytes and no sugar, calories or carbs. Vegan, non-GMO, organically sweetened and made with plant-based color and flavors. Yum!

13.99

Ultima Replenisher
Electrolyte Drink Mix
3.2-3.8 oz., selected varieties



4.49

Kettle Brand
Potato Chips
13 oz., selected varieties

The co-op has great deals on tasty snacks.

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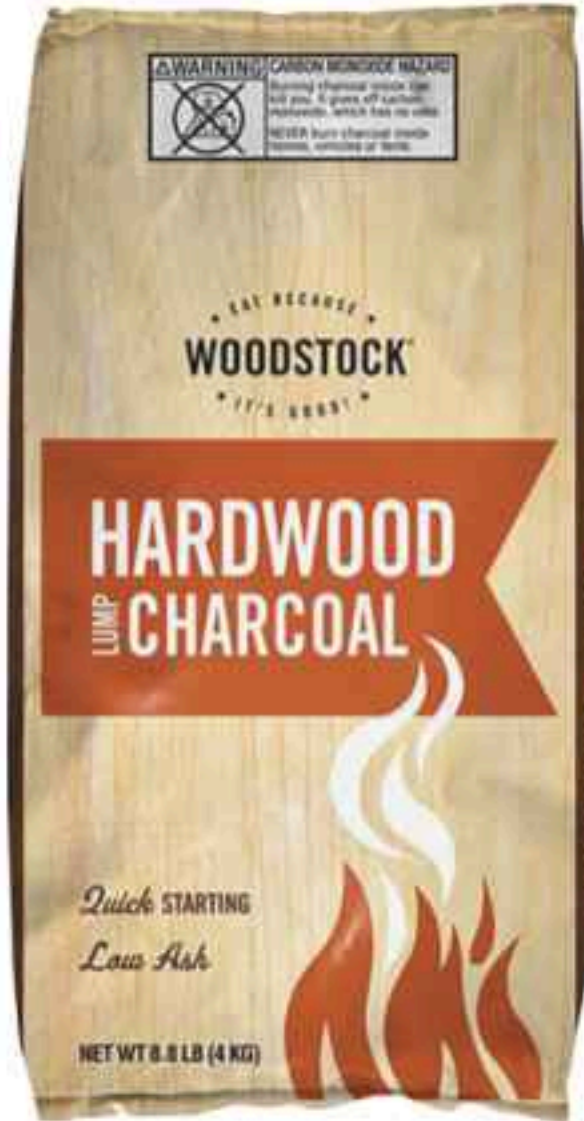
10.49

Jarow Formulas
Methyl B-12 1000mcg
100 ct.



54.99

Nordic Naturals
Ultimate Omega
180 ct.



10.99

Woodstock
Lump Hardwood Charcoal
8.8 lbs.



39.99

Ancient Nutrition
Multi Collagen
Protein Powder
14.6-18.7 oz., selected
varieties

extra strength, whole body

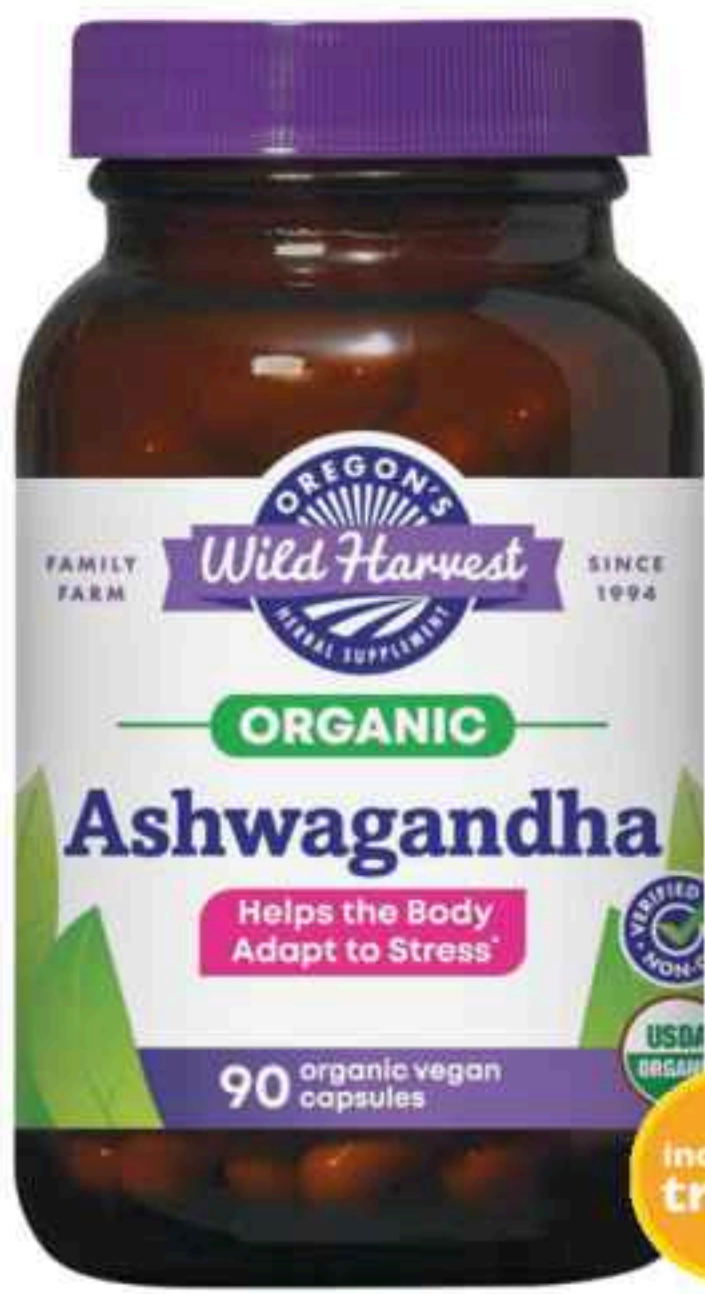
MegaFood's Whole Body Turmeric Curcumin is an extra-strength formulation providing 475 mg of active curcuminoids per serving. Paired with real food ingredients including vitamin C, a berry fruit blend and holy basil leaf extract for added support.

18.99

Megafood
Turmeric Curcumin
60 ct.



INCLUSIVE TRADE PARTNER



Oregon's Wild Harvest is a woman-owned company. Our family-owned, certified-organic, biodynamic farm makes organic herbal supplements.

17.99

Oregon's Wild Harvest
Organic Ashwagandha
90 ct.

Stay energized with help from the co-op.

Some items may not be available at all stores or on the same days



5.99

Acure
Shampoo or Conditioner
8 fl. oz., selected varieties


mineral sun
protection

Broad-spectrum, water-resistant, cruelty-free sun protection with no white cast, vitamin E, squalene or niacinamide. Formulated without octinoxate, oxybenzone, fragrance, parabens, sulfates or petrolatum. Skin Cancer Foundation recommended.

9.99

Alba Botanica
Sheer Mineral Sunscreen Lotion
3 fl. oz., selected varieties





Body care for optimal summertime wellness.

Skin and hair care all summer.



7.99

Avalon Organics
Shampoo or Conditioner
11 fl. oz., selected varieties



6.49

Davids
Toothpaste
4-5.25 oz., selected varieties



INCLUSIVE TRADE PARTNER



11.99

Badger
Mineral Sunscreen Cream
2.9 fl. oz., selected varieties

Badger is a woman-owned company. We are also family-owned and operated and create organic body care products with nourishing nutrients.

inclusive trade

The co-op has safe body care products.

Some items may not be available at all stores or on the same days

Shop for fresh, delicious, local food at a co-op near you.

CONNECTICUT

Fiddleheads Co-op
Willimantic Food Co-op

DELAWARE

Newark Natural Foods Co-op

FLORIDA

Community Co-op Market
Ever'man Cooperative Grocery & Cafe

GEORGIA

Sevananda Natural Foods Market

MAINE

Belfast Community Co-op
Blue Hill Co-op
Good Tern Co-op
Portland Food Co-op
Rising Tide Co-op

MARYLAND

Greenbelt Co-op
Supermarket and Pharmacy
The Common Market
TPSS Co-op

MASSACHUSETTS

Assabet Co-op Market
Berkshire Food Co-op
Green Fields Market
McCusker's Market
River Valley Co-op
Wild Oats Market

NEW HAMPSHIRE

Concord Food Co-op
Hanover Co-op Food Stores
Littleton Food Co-op
Monadnock Food Co-op

NEW YORK

Abundance Food Co-op
East Aurora Co-op Market
Flatbush Food Cooperative
GreenStar Cooperative Market
High Falls Food Co-op
Honest Weight Food Co-op
Hungry Hollow Co-op
Lexington Cooperative Market
Potsdam Food Co-op
Syracuse Cooperative Market

NORTH CAROLINA

Chatham Marketplace
Deep Roots Market
Durham Co-op Market
French Broad Food Co-op
Hendersonville Community Co-op
Tidal Creek Cooperative Food Market
Weaver Street Market

PENNSYLVANIA

East End Food Co-op
Erie Food Co-op
Mariposa Food Co-op

South Philly Food Co-op
Weavers Way Co-op

RHODE ISLAND

Urban Greens Co-op Market

TENNESSEE

Three Rivers Market

VERMONT

Brattleboro Food Co-op
Buffalo Mountain Market
City Market/Onion River Co-op
Co-op Food Store
Hunger Mountain Co-op
Middlebury Natural Foods Co-op
Morrisville Food Co-op
Putney Food Co-op
Rutland Area Food Co-op
Springfield Food Co-op
Upper Valley Food Co-op

VIRGINIA

Fredericksburg Food Co-op
Friendly City Food Co-op
Lovettsville Co-op Market
Roanoke Co+op

coop deals.

Download the App!



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

See what's on sale with the Co+op Deals app!

discover what's good

When snack time hits, reach for the well-loved, nostalgic flavors of childhood that are packed with the wholesome ingredients you'd expect as a parent.

4.49

Goodpop
Frozen Novelties
9.9-13.2 fl. oz., selected varieties



5/\$5

Brown Cow
Cream Top Yogurts
5.3 oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



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