

coop deals

FEB 14 - FEB 27, 2024

a classic favorite

MAKE IT YOUR OWN

It's easy to feel nostalgic with OLIPOP's classic root beer. Try pairing with ice cream and enjoy a yummy float. OLIPOP beverages are packed with plant fiber, prebiotics and botanicals, so you can enjoy the delicious flavors you love while supporting digestive health. Find them on sale at the co-op!



1.79

Olipop
Prebiotic Soda
12 fl. oz., selected varieties



2/\$5

Tasty Bite
Indian Entrees
10 oz., selected varieties



2/\$6

Cascadian Farm
Organic Frozen
Vegetables
10 oz., selected varieties



4.99

Tate's Bake Shop
Cookies
7 oz., selected varieties



Try something new at the co-op.

Find brands you know and love.



4/\$7

So Delicious Coconutmilk Yogurt

5.3 oz., selected varieties



2.29

Noosa Yoghurt

8 oz., selected varieties

crafted with less

All of our skyr and plant-based, dairy-free products are made with simple ingredients and no artificial anything. Deliciously satisfying, Siggi's makes the perfect breakfast or snack option.

1.89

Siggi's Plant-based Yogurt

5.3 oz., selected varieties





3.79

Rebbl Organic Protein Beverage

12 fl. oz., selected varieties



4.79

Good Culture Organic Cottage Cheese

15-16 oz., selected varieties





COOPERATIVELY OWNED



5.79

Organic Valley Stringles Mozzarella Cheese Sticks

8 oz.



2/\$7

Vital Farms Butter

8 oz., selected varieties

5.99

Vital Farms Pasture-raised Large Grade A Eggs

1 doz.

7.99

Vital Farms Pasture-raised Large Grade A Eggs

18 ct.

honest, ethical food

We're committed to improving the lives of people, animals and the planet through food — working with small family farms to bring you delicious eggs and butter you can trust.

Start each morning with food from the co-op.

Some items may not be available at all stores or on the same days



2/\$5

Petit Pot
Organic French Dessert
3.5 oz., selected varieties



3.79

The Greek Gods
Greek Yogurt
24 oz., selected varieties



4.29

Harmless Harvest
Organic Coconut Water
16 fl. oz., selected varieties



2/\$7

Goodbelly
Organic Probiotic
Drinks
32 fl. oz., selected
varieties



4.79

So Delicious
Organic
Coconutmilk
Creamer
32 fl. oz., selected
varieties



6.49

Wallaby Organic
Greek Yogurt
32 oz., selected varieties

melts like dairy

New and improved Daiya dairy-free cheeses, now made with Daiya Oat Cream™ blend for an incredible dairy-like melt. The familiar comforts from cheese you love, but made from plants.

3.99

Daiya
Cutting Board Shreds
7.1 oz., selected varieties



INCLUSIVE TRADE PARTNER

Nuts for Cheese is a LGBTQIA+ and woman-owned company. We are inspired to create 100% dairy-free cheese and believe in the ability to spread positive, sustainable change through food.



6.49

Nuts for Cheese
Organic & Dairy-free
Fermented Cashew Product
4.2 oz., selected varieties

Dairy and dairy-free options are at the co-op.

Some items may not be available at all stores or on the same days



4.49
Ripple
Plant-based Milk
48 fl. oz., selected varieties



*rich, creamy and
udderly delicious*

Our Brown Cow Yogurt is Non-GMO Project Verified, with live and active cultures. Make today delicious with the original cream top yogurt.

3.69
Brown Cow
Cream Top Yogurt
32 oz., selected varieties



2/\$7
Planet Oat
Oatmilk
52 fl. oz., selected varieties



4.99
Udi's Gluten Free
Bread or Bagels
12-14.3 oz., selected varieties



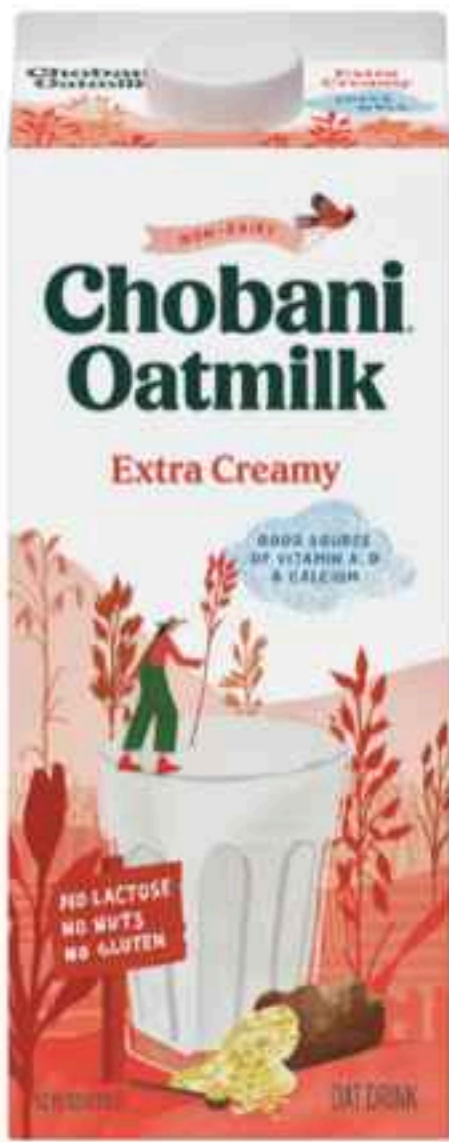
5.79
Hodo
Vegan All-day Egg
Scramble
8 oz.

pasture raised and grazed!

Organic, grass-fed cheese from small family farms in coastal Northern California. American Humane Certified means our cows are pasture raised and grazed!



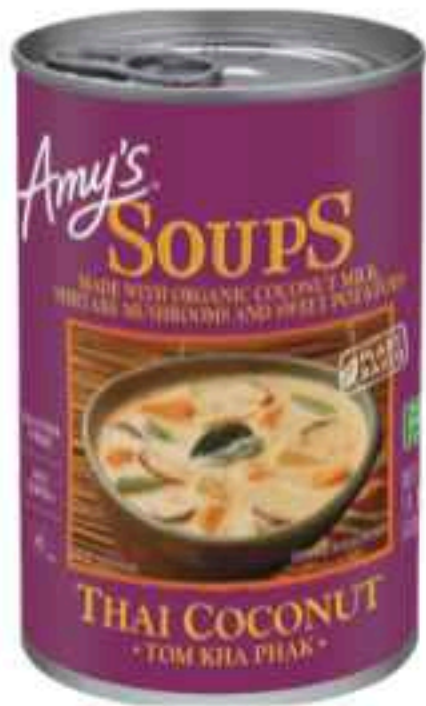
4.79
Rumiano
Organic Block Cheese
8 oz., selected varieties



4.49
Chobani
Oatmilk
52 fl. oz., selected varieties

Find the brands you love at the co-op.

we love to
cook for you



At **Amy's**, we source the best ingredients and take the time to perfect our recipes to make sure each bite tastes delicious.

2/\$8

Amy's
Soup
12.4-14.7 oz.,
selected varieties

2/\$6

Amy's
Burritos
5.5-6 oz., selected
varieties

5.99

Amy's
Frozen Meals
8.25-10.3 oz.,
selected varieties

8.99

Amy's
Pizza
9.1-14 oz.,
selected varieties



4.99

Ben & Jerry's
Ice Cream
1 pt., selected varieties



6.99

Daiya
Pizza
13.47-19.4 oz., selected varieties



8.49

Chameleon Cold Brew
Organic Coffee
Concentrate
32 fl. oz., selected varieties



4.49

Quorn
Meat Alternatives
7.8-12 oz., selected
varieties



4.99

Alexia
Frozen Potatoes
15-16 oz., selected
varieties



12.99

Cascadian Farm
Organic
Frozen Fruit
28-32 oz., selected
varieties

The co-op has something for everyone.

Some items may not be available at all stores or on the same days



2/\$3

Kind
Fruit &
Nut Bars
1.4 oz.,
selected varieties



2/\$7

Kind
Healthy Grains
Drizzled Granola
Bars
5-1.16 oz. bars,
selected varieties



4.99

Kind
Healthy Grain
Clusters
11 oz.,
selected varieties



5.49

Kind
Breakfast Bars
6-1.76 oz. bars,
selected varieties

←
*nutrition from real,
whole ingredients*

Snacking is made easy with **KIND**.
Add granola to your morning routine
or grab a bar for on the go. These
gluten-free snacks are convenient for
any occasion; made with ingredients
you can see and pronounce.



3.29

Woodstock
Organic Oats
16-18.5 oz., selected
varieties



2/\$4

Rxbar
Protein Bars
1.83-1.9 oz., selected varieties



2/\$6

Choice Organics
Tea
16 ct., selected varieties



3.49

R.W. Knudsen
Juice
32 fl. oz., selected
varieties



2/\$8

Happy Family
Organics
Happy Baby Yogis
1 oz., selected varieties



Everyday Low Price

4.69

Field Day
Organic Cereal
13-14 oz., selected
varieties

COOPERATIVELY OWNED



9.99

Equal Exchange
Organic Coffee
10-12 oz., selected
varieties

The co-op has great deals on brands you love.

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2/\$6
Kettle Brand
Potato Chips
4.25-5 oz., selected
varieties



2/\$7
Frontera
Salsa
16 oz.,
selected varieties



2.79
LesserEvil
Organic Popcorn
4.6-6.4 oz., selected varieties



3.79
Hu
Organic Chocolate Bar
2.1 oz., selected varieties



3.99
Paqui
Tortilla Chips
7 oz., selected varieties



3.99
Mi Nina
Tortilla Chips
12 oz., selected varieties



6.99
Lily's
Baking Chips
9 oz., selected varieties

*snacking
done right*

Garden of Eatin' uses organic yellow and blue corn, harvested by our sustainable farming partners, to craft our signature tortilla chips and taco shells. Our proprietary process provides an unforgettable flavor and satisfying crunch for deliciously strong chips and shells!



4.49
Garden of Eatin'
Tortilla Chips
16 oz., selected varieties



3.79
Garden of Eatin'
Taco Shells
5.5 oz., selected varieties



2.99
Garden of Eatin'
Organic Low-fat
Traditional Refried Beans
16 oz.

Find your favorite snacks at the co-op.



2/\$5

Bionaturae
Organic Pasta
16 oz., selected
varieties



3.29

Bionaturae
Organic Traditional
Egg Pasta
8.8 oz., selected varieties



3.29

Bionaturae
Organic
Strained
Tomatoes
24 oz.



2/\$7

Bionaturae
Organic Fruit
Nectar
25.4 fl. oz.,
selected varieties

new look,
same quality

At **Bionaturae**, authentic Italian means more than food that comes from Italy. It's a preservation of heritage recipes. It's an attachment to traditions that span generations. It's organic ingredients that represent the heart and soul of an Italian kitchen.



2.69

The Ginger
People
Ginger Soother
12 fl. oz., selected
varieties



2/\$7

Health Valley
Organic Soup
14.5-15 oz., selected varieties



3.29

Natural Sea
Albacore Tuna
5 oz., selected varieties

scoop up the savings in bulk!



1.79

Organic
Quick Rolled Oats
per pound in bulk



2.29

Organic
Black Beans
per pound in bulk



2.69

Organic
Green Lentils
per pound in bulk

Delicious meals begin at the co-op.



5.99

Sir Kensington's
Mayonnaise
12 fl. oz., selected varieties



2.29

San Pellegrino
Sparkling Mineral
Water
25.3 fl. oz.



2.79

So Delicious
Organic
Coconutmilk
32 fl. oz., selected
varieties



2.79

Sesmark
Rice Thins
3.2-4.25 oz., selected
varieties



2/\$8

Pacific Foods
Organic Broth
32 fl. oz., selected
varieties



5.99

Rao's Homemade
Pasta Sauce
24 oz., selected varieties



7.99

Lucini Italia
Organic Pasta
Sauce
24 oz., selected varieties

oysters rule!

Smoked oyster pâté + pizza
Napoli (with anchovies) =
Super Bowl. Kipper Furikake
Cauliflower Rice + Sardine
Shakshuka = Lent. The world
of your kitchen is your
oyster. **Crown Prince
Natural** = pantry staple
and specialty canned seafood.



2.99

Crown Prince
Anchovies in
Olive Oil
1.5 oz.



2.99

Crown Prince
Smoked Oysters
3 oz.,
selected varieties



2.99

Crown Prince
Skinless & Boneless
Sardines in Olive Oil
3.75 oz.



2.69

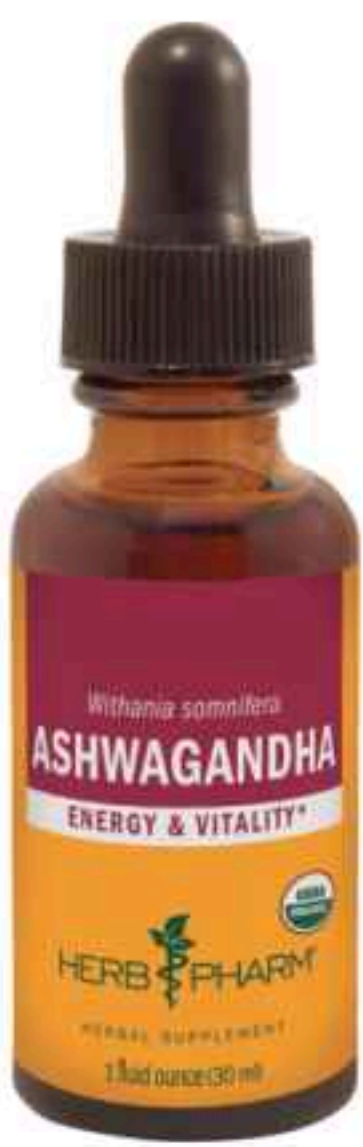
Crown Prince
Skinless & Boneless
Sardines in Water
4.37 oz.

The co-op makes weeknight meals easy.

Some items may not be available at all stores or on the same days



9.49
Herb Pharm
Soothing
Throat Spray
1 fl. oz.



9.49
Herb Pharm
Ashwagandha
1 fl. oz.



9.49
Herb Pharm
Milk Thistle
1 fl. oz.

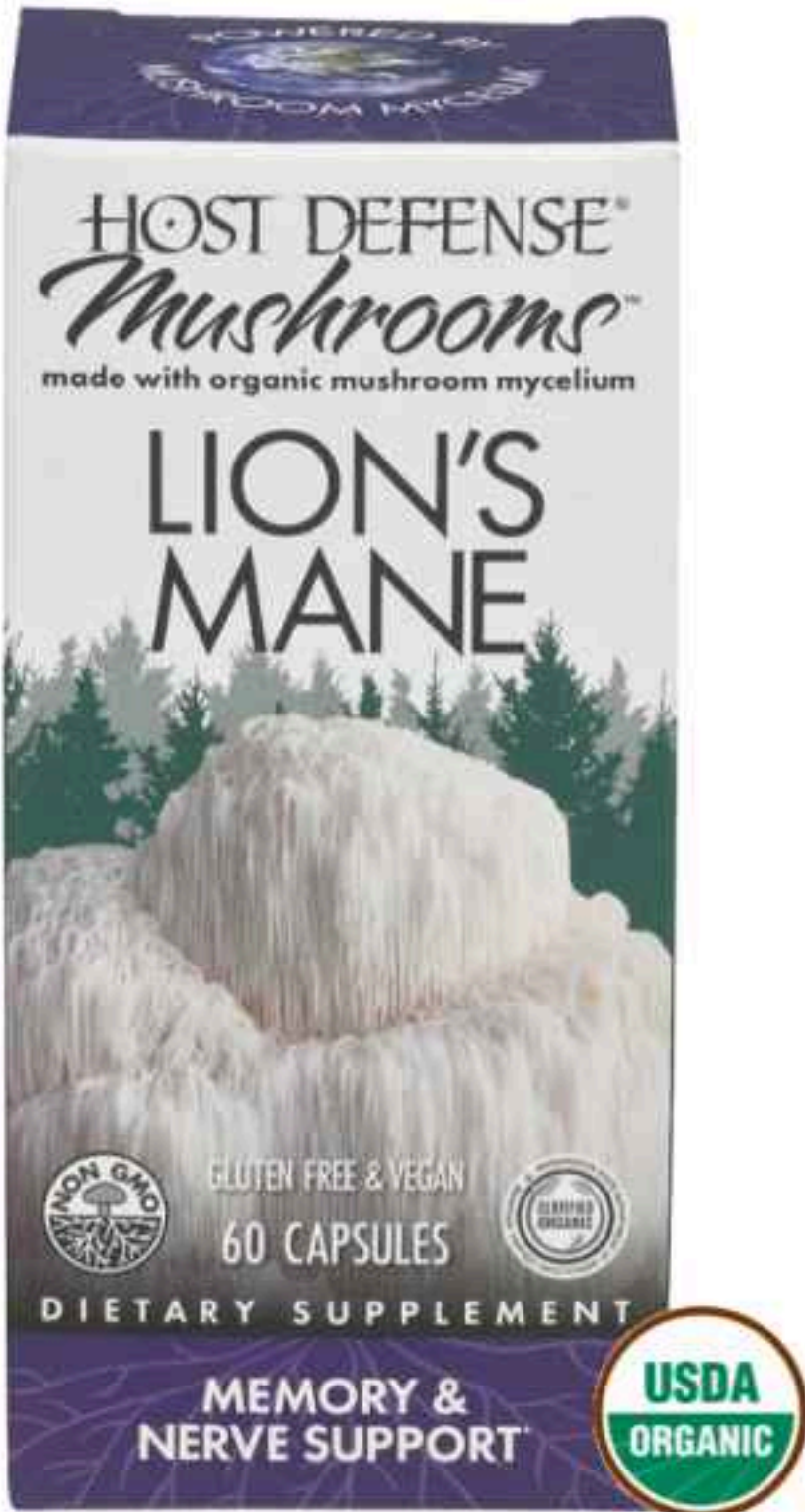


10.99
Herb Pharm
Kava
1 fl. oz.

*meet your
herbal allies*

At **Herb Pharm**, we take care of plants, so they take care of people. We're the world's first Regenerative Organic Certified® herb farm, and we help you take control of your wellness with a broad collection of herbal support.

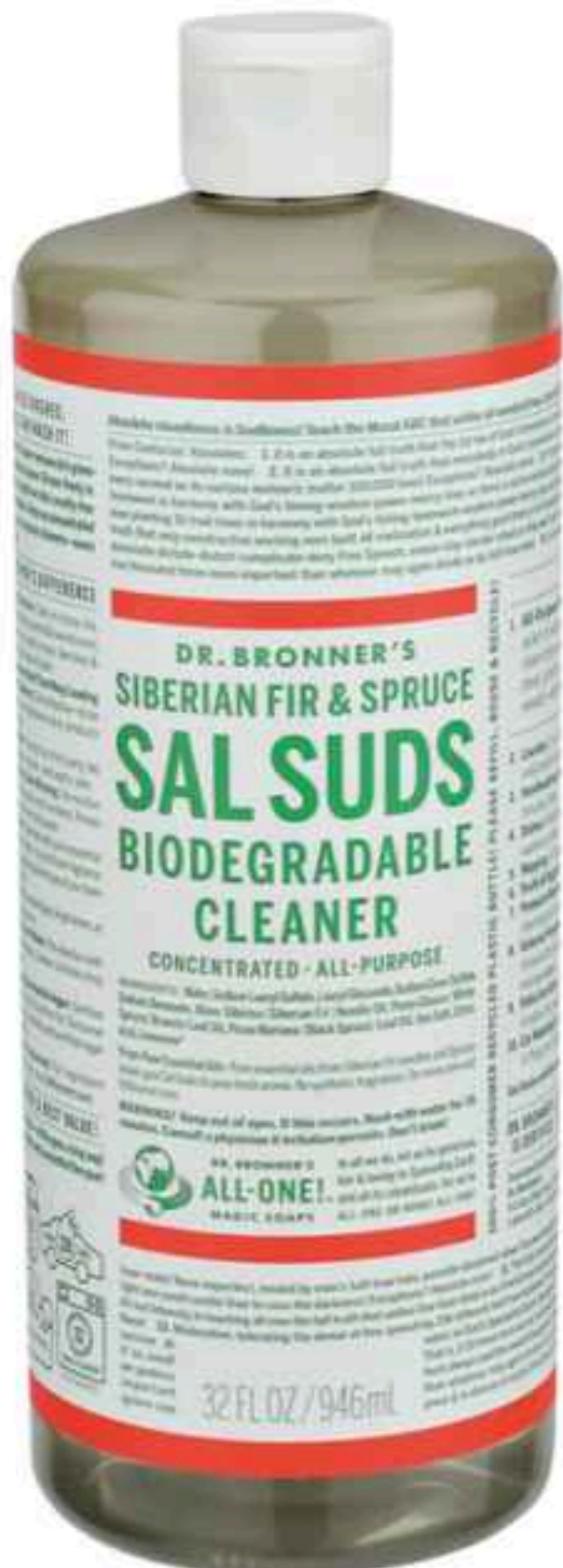
that's one smart mushroom



Founded by Paul Stamets, Host Defense has been building the connection between mushrooms and health for over four decades. We are committed to sustainability, 110% Climate Positive and a Certified B Corporation.

25.99

Host Defense
Organic Lion's Mane
60 ct.



9.99
Dr. Bronner's
Sal Suds
32 fl. oz.



6.49
Spry
Chewing Gum
100 ct., selected
varieties



11.99
Natural Factors
DGL Licorice
Chews
90 ct.



12.99
Emergen-C
Vitamin C Drink
Mix
30 ct., selected varieties

Find the wellness items you love at the co-op.

Some items may not be available at all stores or on the same days



*ethical,
safe, efficacious
products*

INCLUSIVE TRADE PARTNER

Alaffia is a Black-owned company on a mission to invest in a more equitable future. Our primary goal is to reinvest a portion of product sales into our Empowerment Projects in West Africa. Your purchase helps improve living conditions and supports an end to poverty.

9.49

Alaffia
Everyday Shampoo
or Conditioner
32 fl. oz.,
selected varieties

9.49


Alaffia
Everyday Body
Wash
32 fl. oz.,
selected varieties

9.49

Alaffia
Everyday
Bubble Bath
32 fl. oz.,
selected varieties

9.49

Alaffia
Everyday Shea
Body Lotion
32 fl. oz.,
selected varieties



The co-op has body care products from brands that care.

Body wellness for the winter.

love your skin

Reveal your radiant, glowing skin with dermatologist-tested **Alba Botanica®** skincare that helps treat a variety of winter skin challenges.



11.99

Alba Botanica
Very Emollient
Body Lotion
32 fl. oz., selected
varieties

6.99

Alba Botanica
Acnedote Face &
Body Scrub
8 oz.
or Pimple Patches
40 ct.

5.49

Alba Botanica
Multi-purpose
Jelly
3.5 oz.

4.59

Alba Botanica
Shave Cream
8 oz., selected varieties

The co-op has great deals on body care products.

Some items may not be available at all stores or on the same days

Shop for fresh, delicious, local food at a co-op near you.

CONNECTICUT

Fiddleheads Co-op
Willimantic Food Co-op

DELAWARE

Newark Natural Foods Co-op

FLORIDA

Community Co-op Market
Ever'man Cooperative Grocery & Cafe

GEORGIA

Sevananda Natural Foods Market

MAINE

Belfast Community Co-op
Blue Hill Co-op
Portland Food Co-op
Rising Tide Co-op

MARYLAND

Greenbelt Co-op
Supermarket and Pharmacy
The Common Market
TPSS Co-op

MASSACHUSETTS

Assabet Co-op Market
Berkshire Food Co-op
Green Fields Market
McCusker's Market
River Valley Co-op
Wild Oats Market

NEW HAMPSHIRE

Concord Food Co-op
Hanover Co-op Food Stores
Littleton Food Co-op
Monadnock Food Co-op

NEW YORK

Abundance Food Co-op
East Aurora Co-op Market
Flatbush Food Cooperative
GreenStar Cooperative Market
High Falls Food Co-op
Honest Weight Food Co-op
Hungry Hollow Co-op
Lexington Cooperative Market
Potsdam Food Co-op
Syracuse Cooperative Market

NORTH CAROLINA

Chatham Marketplace
Deep Roots Market
Durham Co-op Market
French Broad Food Co-op
Hendersonville Community Co-op
SHARE Co-op
Tidal Creek Cooperative Food Market
Weaver Street Market

PENNSYLVANIA

East End Food Co-op
Erie Food Co-op

Mariposa Food Co-op
South Philly Food Co-op
Weavers Way Co-op

RHODE ISLAND

Urban Greens Co-op Market

TENNESSEE

Three Rivers Market

VERMONT

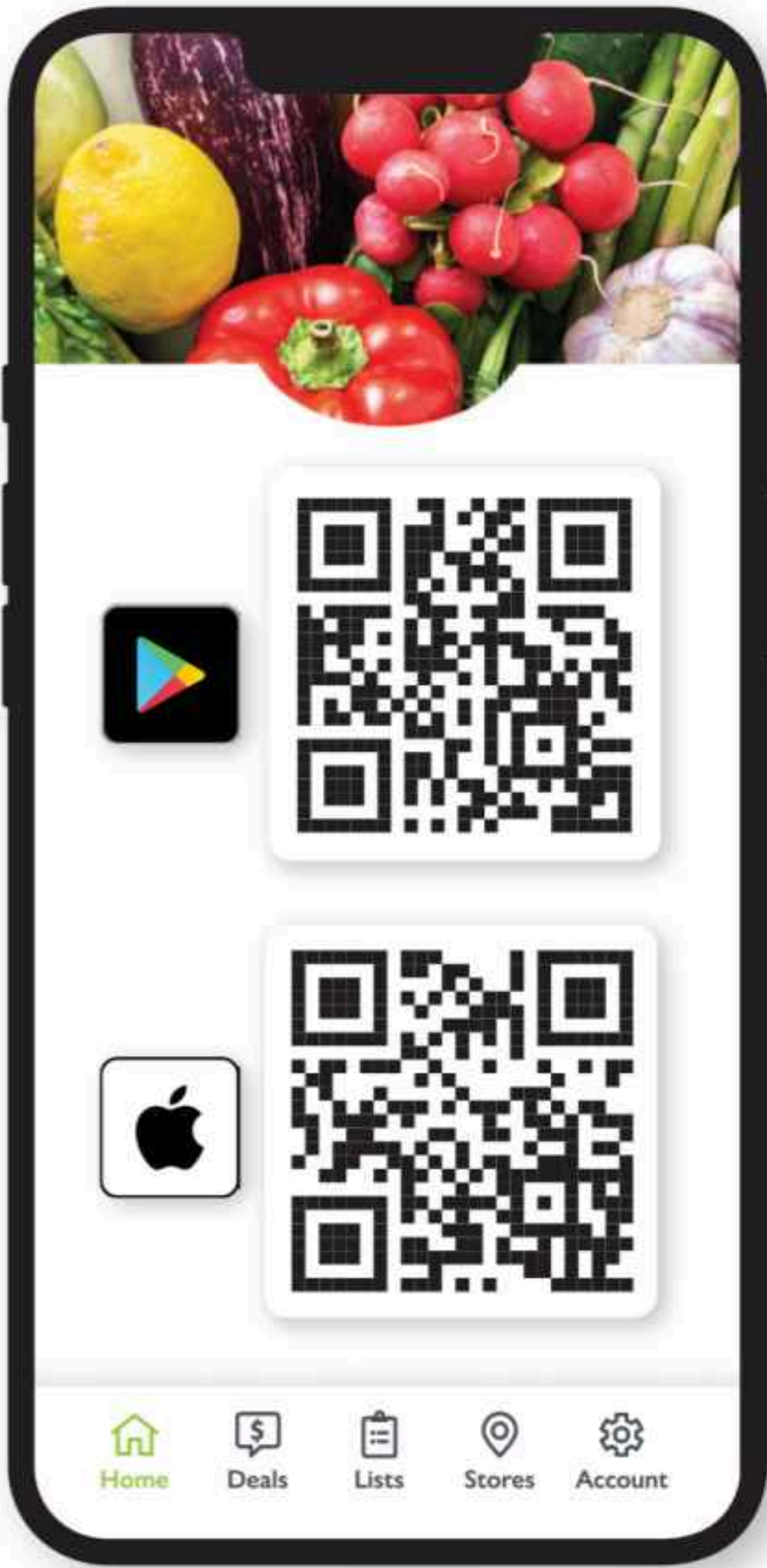
Brattleboro Food Co-op
City Market/Onion River Co-op
Co-op Food Store
Hunger Mountain Co-op
Middlebury Natural Foods Co-op
Putney Food Co-op
Rutland Area Food Co-op
Springfield Food Co-op
Upper Valley Food Co-op

VIRGINIA

Fredericksburg Food Co-op
Friendly City Food Co-op
Lovettsville Co-op Market
Roanoke Co-op

coop deals.

Download the App!



See what's on sale with the Co-op Deals app!

fuel your next adventure



EPIC brings bold flavor and premium sourcing standards to every strip, bar, pork rind, and broth. Whole30 Approved, keto friendly, gluten free, paleo- friendly and more. This is not your dad's meat snacks. It's EPIC.

2/\$3
Epic
Snack Strips
.8 oz., selected
varieties

2/\$5
Epic
Bars
1.3-1.5 oz.,
selected
varieties

2/\$6
Epic
Pork Rinds
2.5 oz., selected
varieties

4.99
Epic
Bone Broth
14 fl. oz.,
selected
varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.



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