# top deals.

JUN I - JUN 14, 2022



#### **FUN IN THE SUN**

Stock up on Alba Botanica Sunscreen at the co-op, and keep a bottle handy as summer activities send everyone outside. Enjoy fun in the sun and feel great about protecting your skin with moisturizing sunscreen.





8.49
Alba Botanica
Sunscreen
4 fl. oz., selected varieties



3/\$5 Rxbar Protein Bars 1.83 oz., selected varieties



2/\$5
Kevita
Organic Sparkling
Probiotic Drink
15.2 fl. oz., selected
varieties



2.79
Annie's
Organic Ketchup
20-24 oz., selected
varieties



Summer snacks are at the co-op.

Have fun in the sun.



Our rich yogurt is never made with artificial flavors, sweeteners or preservatives — whether it's Greek or Icelandic, plain or maple, cream top or probiotic packed.









3.49

Brown Cow Whole Milk Yogurt 32 oz., selected varieties 3.99

Stonyfield
Organic Yogurt
32 oz., selected varieties

4.99

Green Mountain Creamery Greek Yogurt 32 oz., selected varieties 4.99

Siggi's Skyr Yogurt 24 oz., selected varieties



Healthy yogurt choices throughout the co-op.

#### Cool summer snacks.



3/\$5

Siggi's Plant-based Yogurt 5.3 oz., selected varieties



4.99

Organic Valley Lactose Free Milk 64 fl. oz., selected varieties







3.49
Good Culture
Organic Cottage
Cheese
16 oz., selected varieties



4.49

Lifeway Organic Whole Milk Kefir 32 fl. oz., selected varieties

Plenty of probiotics are at the co-op.



3.99
Evolution Fresh
Organic Juices

15.2 fl. oz., selected varieties

award-winning cheddar cheese



Organic Valley's raw cheddar cheese comes from pasture-raised cows, and it's always loaded with the rich, delicious flavor of cheese made the right way.

4.99

Organic Valley Raw Cheese

8 oz., selected varieties



2/\$6
Vital Farms
Butter
8 oz., selected varieties



3.49
Andrew &
Everett
Sliced Cheese
7 oz., selected varieties



## plain extraordinary®

Deliciously rich and creamy and made with only milk and live active cultures. Everyday can be extraordinary with FAGE Total Yogurt.

4.99

Fage
Greek Yogurt
32 oz., selected varieties



2/\$7
Rebbl
Organic Protein Beverage
12 fl. oz., selected varieties

Fill the fridge with options from the co-op.



2.29
Hail Merry
Dessert Cups
1.5 oz., selected varieties



6.99
Miyoko's Creamery
Organic Double
Cream Cashewmilk
Cheese
6.5 oz., selected varieties



3.49

Oatly
Oatmilk
64 fl. oz., selected varieties



Field Roast
Plant-based Frankfurters
16 oz.





2.49
Califia Farms
Cold Brew Coffee
10.5 fl. oz., selected
varieties



2/\$5 GT's Alive Ancient Mushroom Elixir 16 fl. oz., selected varieties

## dip into ( something worth sharing

Kite Hill is on a mission to elevate your expectations of how amazing plant-based eating can be. From high-protein yogurt to crave-worthy dips, we have something for everyone at your table.



2/\$3
Kite Hill
Almond Milk
Yogurt
5.3 oz., selected varieties



Kite Hill
Dips or
Sour Cream
8 oz., selected varieties



4.49
Kite Hill
Almond Milk
Yogurt

16 oz., selected varieties

5.99
Kite Hill
Cream Cheese
8 oz., selected varieties

Find plant-based selections at the co-op.





2/\$6

Annie's Homegrown Pizza Poppers 5-6.8 oz., selected varieties delight in every bite

Crafted from only the best organic ingredients, including real vanilla and stick-to-your-fingers wafers, these Old School Vanilla Ice Cream Sandwiches will leave you reaching for more.

5.99

Alden's Organic Frozen Novelties

6-8 ct., selected varieties





3.99

Sweet Earth Frozen Entrees 7.5-9.5 oz., selected varieties



5.99

Field Roast Plant-based Corn Dogs, Wings and Nuggets 10 oz., selected varieties



8.49

American
Flatbread
Pizza
16-17.1 oz., selected
varieties



## ice cream with pride

Coolhaus Ice Cream is creamy, delicious and available in dairy or dairy-free pints and novelties! Proudly LGBTQIA+ and women-founded and led.

2/\$8

Coolhaus Ice Cream

1 pint, selected varieties



7.99
Field Day
Organic
Blueberries
32 oz.



Everything from entrees to dessert is at the co-op.



4/\$5 Luna **Nutrition Bars** 1.69 oz., selected varieties





Envirokidz Organic Cereal 10-11.5 oz., selected varieties



3.79 One Degree Organic **Sprouted Cereal** 8-12 oz., selected varieties



Food For Life Sprouted Cereal 16 oz., selected varieties



Once Again Organic Tahini 16 oz., selected varieties



3.29 **Pacific Foods** Organic Plantbased Beverage 32 fl. oz., selected varieties



8.99 **Equal Exchange** Organic Coffee 10-12 oz., selected varieties



R.W. Knudsen Organic Juice 32 fl. oz., selected varieties



Organic India Tulsi Tea 18 ct., selected varieties



2.49

Organic Pinto Beans per pound in bulk

3.29

Organic Thompson Raisins per pound in bulk



6.99

Organic Walnut Halves & Pieces per pound in bulk

The co-op helps you start your day.



From snack time to dinner time, make every choice a good one — for your plate and the planet — with great-tasting grains grown in partnership with nature. Isn't that delicious?



2/\$6
Lundberg

Family Farms
Organic Thin
Stackers

6 oz., selected varieties



2/\$7

Lundberg Family Farms Organic Rice Cakes

8.5-10 oz., selected varieties



2/\$6

Lundberg Family Farms Organic Rice Pilaf or Mix

5.5-6 oz., selected varieties



6.99

Lundberg Family Farms Organic Basmati Rice

32 oz., selected varieties



2/\$5

Natural Sea Yellowfin Tuna 5 oz., selected varieties



5.49

Sir Kensington's Classic Mayonnaise 12 fl. oz.



12.99

Spectrum
Organic Extra Virgin
Mediterranean Olive Oil
33.8 fl. oz.





6.99
Lucini Italia
Organic Pasta
Sauce
25.5 fl. oz., selected

varieties







Great dinners begin at the co-op.







Let our bunny-shaped treats make snack time extra fun (and our organic ingredients make your day a little more joyful, too!).



2/\$6 Annie's Homegrown **Organic Fruit Snacks** 5 pack, selected varieties

2/\$6 Annie's Homegrown Organic Cheddar **Puffs** 4-4.3 oz., selected varieties

2/\$8 Annie's Homegrown Organic Snack Mix 9 oz., selected varieties





Annie's Homegrown Mac & Cheese 5.25-6 oz., selected varieties



2/\$4 Coconut Water 17.5 fl. oz., selected varieties



## functional energy seltzer

Every can is made to give you refreshing energy along with essential nutrients. Hiball Energy Seltzer is rich in organic ginseng, organic guarana, B vitamins and 160 mg of organic caffeine.

**Hiball Energy** 

16 fl. oz., selected varieties

Seltzer



Maranatha **Organic Peanut Butter** 16 oz., selected varieties

The co-op has great deals in every aisle.





2/\$5
Back To Nature
Crackers
4-8.5 oz., selected
varieties

## -100% plant based, 100% delicious



2/\$4

Gomacro
Organic Macrobar

2-2.5 oz., selected varieties





2/\$5
Barbara's
Cheese Puffs
5.5-7 oz., selected varieties



2/\$5
Alter Eco
Organic
Chocolate Bars
2.65-2.82 oz., selected varieties

LaCroix... taste beyond!



LaCroix Pamplemousse Sparkling Water is a pantry staple.
Pamplemousse is French for grapefruit, and it tastes fresh and ripe.
LaCroix natural essence sparkling water contains zero calories, zero sweeteners and zero sodium.
Pamplemousse, please!

4.99

LaCroix
Sparkling Water
12 pk.-12 fl. oz. cans, selected varieties



2/\$5
Good Health
Avocado Oil
Potato Chips
5 oz., selected varieties



Your favorite snacks are at the co-op.



29.99

Primal Kitchen Collagen Fuel Drink Mix

13.1-14.3 oz., selected varieties





## add nutrients to any meal

Each serving of Hemp Hearts offers 10 g of plant protein and 12 g of omegas 3 and 6. Manitoba Harvest takes only the freshest, highest-quality hemp seeds from field to table.

5.99

Manitoba Harvest Hemp Hearts



Flavorful and healthy options at the co-op.

Spice up your kitchen.



## support inflammatory response with turmeric

Garden of Life myKind Organics Extra Strength Turmeric contains 100 mg of organic curcumin with added Certified Organic whole turmeric and ginger root fermented to support their bioavailability.

19.99

Garden Of Life mykind Organics Extra Strength Turmeric



Find all of your supplements at the co-op.





2.99

Ecover Liquid Dish Soap 25 fl. oz., selected varieties

## fresh starts here-

Schmidt's Natural Deodorant helps neutralize odor and keeps you fresh with 24-hour odor protection. This product is formulated to be gentle on skin, with 100% natural origin ingredients, as certified by Ecocert.

Schmidt's

Natural Deodorant

2.65 oz., selected varieties





2/\$6

Dr. Bronner's Pure Castile Bar Soap

5 oz., selected varieties



## 100% recycled paper bath tissue

Seventh Generation 100% Recycled Paper Bath Tissue is an extra-strong and soft two-ply toilet paper whitened without chlorine bleach.



Seventh Generation 100% Recycled Bath Tissue 12 pk.



World Centric Compostable 9" Plates

From body care to household goods, the co-op has it.

#### Shop for fresh, delicious, local food at a co-op near you.

#### CONNECTICUT

Fiddleheads Co-op
Willimantic Food Co-op

#### DELAWARE

Newark Natural Foods Co-op

#### FLORIDA

Community Co-op Market

Ever'man Cooperative Grocery & Cafe

#### GEORGIA

Daily Groceries Co-op Sevananda Natural Foods Market

#### MAINE

Belfast Co-op Blue Hill Co-op Portland Food Co-op Rising Tide Co-op

#### MARYLAND

Greenbelt Co-op Supermarket and Pharmacy
The Common Market

TPSS Co-op

#### **MASSACHUSETTS**

Berkshire Food Co-op Green Fields Market McCusker's Market River Valley Co-op Wild Oats Market

#### **NEW HAMPSHIRE**

Concord Food Co-op
Hanover Co-op Food Stores
Littleton Food Co-op
Monadnock Food Co-op

#### **NEW YORK**

Abundance Food Co-op
East Aurora Co-op Market
Flatbush Food Cooperative
GreenStar Cooperative Market
High Falls Food Co-op
Honest Weight Food Co-op
Hungry Hollow Co-op
Lexington Cooperative Market
Syracuse Cooperative Market

#### NORTH CAROLINA

Chatham Marketplace
Deep Roots Market
Durham Co-op Market
French Broad Food Co-op
Hendersonville Community Co-op
Tidal Creek Cooperative Food Market
Weaver Street Market

#### PENNSYLVANIA

East End Food Co-op Erie Food Co-op Mariposa Food Co-op Weavers Way Co-op

#### RHODE ISLAND

Urban Greens Co-op Market

#### TENNESSEE

Three Rivers Market

#### VERMONT

Brattleboro Food Co-op
City Market/Onion River Co-op
Co-op Food Store
Hunger Mountain Co-op
Middlebury Natural Foods Co-op
Putney Food Co-op
Springfield Food Co-op
Upper Valley Food Co-op

#### VIRGINIA

Fredericksburg Food Co-op Friendly City Food Co-op Roanoke Co+op



to find a food co-op near you, visit us online at: grocery.coop



## plant-based deliciousness

Our mission is to nourish lives by making smart food choices that support a healthy body, cultivate a curious mind and food palate, and honor and sustain the land.

5.99

Sweet Earth
Mindful Chik'n Strips



Woodstock
Lump Hardwood
Charcoal

Co-ops support products and services that ensure personal and planetary health; a legacy we can be proud to leave generations to come.



8.8 lb.