

coop deals

DEC 1 - DEC 14, 2021

just add
butter

CREAMY KITCHEN STAPLE

Tillamook butter, on sale now at the co-op, is perfect for all of your holiday baking. Add a little extra cheer to the season, and share your festive baked goods with friends and family.



4.49

Tillamook
Butter

1 pound, selected varieties



3.99

Wholesome
Organic Light or
Dark Brown Sugar
24 oz., selected varieties



4.99

King Arthur
Baking Company
Unbleached All-
purpose Flour
5 lbs.



5.49

Lily's
Baking Chips
9 oz., selected varieties



Cozy meals and desserts at the co-op.
Sweeten the winter season.



3.99 Rumiano
Organic Cheese
8 oz., selected varieties



9.99
Organic Prairie
Seasoned Ground
Beef
1 lb., selected varieties



*rich and creamy
cheddar*

This raw-milk cheese is aged a minimum of six months. The pasture-raised cheese melts great on a sandwich, in hot dishes or all by itself.

4.99
Organic Valley
Raw Cheese
8 oz., selected varieties



4.49
Amy's
Enchiladas
9.15-9.5 oz., selected varieties



4.99
Fage
Greek Yogurt
35.3 oz., selected varieties



6.99
Daiya
Dairy-free Pizza
13.47-19.1 oz., selected varieties



enhance any moment

San Pellegrino guides you to a unique taste experience. An experience that begins with fine food and ventures far beyond. With its incomparable sense of taste and Italianity, San Pellegrino is able to enhance any moment.

4.99 San Pellegrino
Sparkling Fruit Beverage
6 pk.-11.15 oz. cans, selected varieties



5.99
Miyoko's
Creamery
Organic Vegan
Mozzarella
8 oz., selected varieties



5.99
Uncle Matt's
Organic Juice
52 oz., selected varieties

Find delicious variety at the co-op.



10/\$10

**Muir Glen
Organic
Tomatoes**
14.5 oz., selected
varieties



2/\$6

**Muir Glen
Organic Pasta
Sauce**
25.5 oz., selected
varieties



10/\$10

**Annie's
Homegrown
Mac & Cheese**
5.25-6 oz., selected
varieties



2/\$4

**Eden
Organic Beans**
15 oz., selected varieties



2/\$6

**Montebello
Organic Pasta**
12-16 oz., selected
varieties



2/\$6

**Amy's
Soups**
14.1-14.7 oz., selected
varieties



2/\$6

**Pacific Foods
Organic Oat
Plant-based
Beverage**
32 oz., selected varieties



3.99

**Lakewood
Organic
Juice**
32 oz., selected varieties



6.99

**Lucini Italia
Organic Pasta
Sauce**
25.5 oz., selected
varieties



*Regenerative Organic
Certified™!*

The highest standard for farming! ROC™ means coconuts grown in healthy, biodiverse, carbon-rich soil by fairly-paid farmers who are treated well. A rich and nutty flavor — great for body care too!

11.99

**Dr. Bronner's
Organic Whole Kernel
Virgin Coconut Oil**
30 oz.



9.99

**Spectrum Naturals
Organic Extra Virgin
Olive Oil**
25.4 oz.

The co-op has pantry staples at great prices.



4.29

**Crofter's
Organic Premium
Fruit Spread**
16.5 oz., selected varieties



2/\$6

**Mom's Best Cereals
Cereal**
14-24 oz., selected
varieties



2.99

**Woodstock
Organic Instant
Oatmeal**
16 oz.



2/\$6

**Cascadian Farm
Organic Cereal or
Granola**
8.6-14.6 oz., selected
varieties



5.49

**Numi
Organic Tea**
12-18 tea bags, selected
varieties

delicious and nutritious!

We believe that food can heal.
When you eat better, you feel
better. That's why we use
superfoods with vibrant flavors
to create food you will obsess
over.

4.49

**Purely Elizabeth
Organic Granola**
8-12 oz., selected varieties



3.99

**Annie's Homegrown
Organic Graham Crackers**
14.4 oz., selected varieties



1.29

**Organic Rolled
Oats**
per pound in bulk



3.29

**Organic
Thompson Raisins**
per pound in bulk



6.99

**Organic Walnut
Halves & Pieces**
per pound in bulk



For a little or a lot, shop in bulk at the co-op.


2.99

Nature's Path
Organic Toaster
Pastries
11 oz., selected varieties


taste the magic

Dr. Bronner's Magic All-One Chocolate: pairing world-class Swiss chocolatiers with fairly-treated cocoa farmers practicing regenerative organic agriculture. Six flavors — 70% cocoa, all vegan, coconut sugar-sweetened and perfectly balanced!

2/\$6

Dr. Bronner's
Organic Chocolate Bars
2.93-3 oz., selected varieties


2/\$6

R.W. Knudsen
Organic Very
Veggie Juice
32 oz., selected varieties


2/\$5

Late July
Tortilla Chips
5.5 oz., selected
varieties


2/\$5

Barbara's
Cheese Puffs
5.5-7 oz., selected
varieties


2/\$7

Mary's Gone
Crackers
Organic Crackers
5-6.5 oz., selected
varieties


true impact in every bite

Endangered Species gives 10% of net profits to conservation around the globe, making the ESC GiveBack program the longest-standing cause-based mission in the chocolate category.

2/\$5

Endangered Species
Chocolate Bars
3 oz., selected varieties


2/\$5

Divine
Chocolate Bars
3 oz., selected varieties

Great snack and chocolate selection at the co-op!



12.99

**Weleda
Skin Food**
2.5 oz.



2/\$7

**Nubian Heritage
Bar Soap**
5 oz., selected varieties



2.99

**ECOS
Dishmate**
25 oz., selected varieties



28.99

**Host Defense Mushrooms
Stamets 7 Daily Immune
Support**
60 capsules



8.99

**Aura Cacia
Lavender Essential
Oil**
.5 oz.



19.99

**Enzymedica
Digest Gold**
45 ct.



*fair trade and
ecological*

Soft, smooth lather moisturizes face, body and hands! Plant-based and biodegradable, made with certified fair-trade oils, wrapped in post-consumer recycled paper packaging, Dr. Bronner's Pure-Castile Bar Soap is good for the body, mind and soul!



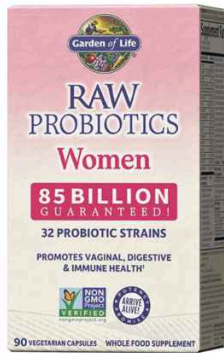
7.99

**Avalon Organics
Shampoo or Conditioner**
11-14 oz., selected varieties

2/\$6

**Dr. Bronner's
Pure-Castile Bar Soap**
5 oz., selected varieties

The co-op helps you feel your best inside and out.



43.99

**Garden Of Life
Raw Probiotics**
30 ct. and 90 ct., selected varieties



*the world of
Celestial
Seasonings*

Celestial Seasonings teas are an invitation to taste a world of flavor in every box. From relaxing herbal teas to energizing black and green, there's a blend that's perfect for any occasion.

2/\$6

**Celestial Seasonings
Herbal Tea**
18-20 tea bags, selected varieties



8.99

Green Forest
100% Recycled Paper
Bath Tissue
12 ct.



14.99

**Nordic Naturals
Omega-3 Fish Oil**
60 ct.

*empowering
your wellness*



14.99

**Neocell
Super Collagen Powder**
7 oz.



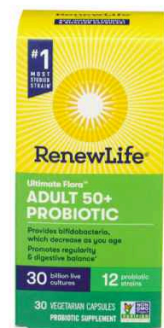
15.99

**Rainbow Light
Women's One
Multivitamin**
60 tablets



21.99

**Natural Vitality Calm
Raspberry-Lemon
Gummies**
120 gummies



24.99

**Renew Life
Adult 50+ Probiotic**
30 capsules

As trusted leaders in natural wellness, we understand everyone has unique needs. That's why we use quality ingredients, backed by science, in all our brands — to build a stronger foundation for health.

Winter wellness at the co-op!

Shop for fresh, delicious, local food at a co-op near you.

CONNECTICUT

Fiddleheads Co-op
Willimantic Food Co-op

DELAWARE

Newark Natural Foods Co-op

FLORIDA

Community Co-op Market
Ever'man Cooperative Grocery & Cafe

GEORGIA

Daily Groceries Co-op
Sevananda Natural Foods Market

MAINE

Belfast Co-op
Blue Hill Co-op
Portland Food Co-op
Rising Tide Co-op

MARYLAND

Greenbelt Co-op Supermarket and Pharmacy
The Common Market
TPSS Co-op

MASSACHUSETTS

Berkshire Food Co-op
Green Fields Market
McCusker's Market

River Valley Co-op

Wild Oats Market

NEW HAMPSHIRE

Concord Food Co-op
Hanover Co-op Food Stores
Littleton Food Co-op
Monadnock Food Co-op

NEW YORK

Abundance Food Co-op
East Aurora Co-op Market
Flatbush Food Cooperative
GreenStar Cooperative Market
Honest Weight Food Co-op
Hungry Hollow Co-op
Lexington Cooperative Market
Syracuse Cooperative Market

NORTH CAROLINA

Chatham Marketplace
Deep Roots Market
Durham Co-op Market
French Broad Food Co-op
Hendersonville Community Co-op
Tidal Creek Cooperative Food Market
Weaver Street Market

PENNSYLVANIA

East End Food Co-op
Erie Food Co-op
Mariposa Food Co-op
Weavers Way Co-op

RHODE ISLAND

Urban Greens Co-op Market

TENNESSEE

Three Rivers Market

VERMONT

Brattleboro Food Co-op
City Market/Onion River Co-op
Co-op Food Store
Hunger Mountain Co-op
Middlebury Natural Foods Co-op
Putney Food Co-op
Springfield Food Co-op
Upper Valley Food Co-op

VIRGINIA

Fredericksburg Food Co-op
Friendly City Food Co-op
Roanoke Co+op



*to find a food co-op near
you, visit us online at:
grocery.coop*



snack in TERRA color

From the moment you open the distinctive shiny black bag, you'll understand the TERRA® difference. Every bag of our real vegetable chips is a feast for your eyes and a delight to taste — a snacking experience unlike any other.

2/\$6

Terra
Vegetable Chips
5-6 oz., selected varieties



2/\$3

Justin's
Organic Nut Butter Cups
2 ct., selected varieties

Co-ops support products and services that ensure personal and planetary health; a legacy we can be proud to leave generations to come.

Some items may not be available at all stores or on the same days

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