

# coop deals

FEB 3 - FEB 16, 2021

## sweet, salty goodness

With Alter Eco truffles, consider your sweet tooth satisfied. A touch of sea salt on caramel makes the perfect combination for Valentine's Day — or any day.



**4.99**

Alter Eco  
Organic Chocolate Truffles  
4.2 oz., selected varieties



**2/\$5**

Chocolove  
Chocolate Bars  
2.9-3.2 oz., selected  
varieties



**2/\$5**

Barbara's  
Cheese Puffs  
5.5-7 oz., selected  
varieties



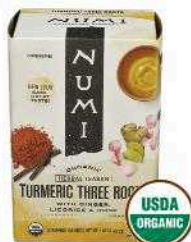
**3.99**

Talenti  
Gelato or  
Sorbetto  
16 oz., selected varieties



**2/\$5**

R.W. Knudsen  
Simply Nutritious  
Juice  
32 oz., selected varieties



**4.49**

Numi  
Organic Tea  
12-18 tea bags,  
selected varieties



**3.99**

Immaculate  
Organic  
Cinnamon  
Rolls  
17.5 oz.



Share the love all year long.

**Sweet deals at the co-op.**

game changing  
plant-based

**Kite Hill** is on a mission to elevate your expectations of how amazing plant-based eating can be. In everything we make — from award-winning plant-based yogurts and cheeses to delicious pastas, dips and even food for kids — Kite Hill strives to create foods that are both irresistible and sustainable.



**2/\$7**

Kite Hill  
Almond Milk  
Dips  
8 oz., selected varieties

**3.99**

Kite Hill  
Almond Milk  
Greek-Style Yogurt  
and Sour Cream  
8 oz., selected varieties

**5.49**

Kite Hill  
Almond Milk  
Ricotta Tortellini  
and Ravioli  
9 oz., selected varieties

**5.99**

Kite Hill  
Almond Milk  
Cream Cheese  
Style Spreads  
8 oz., selected varieties



**2/\$7**

Good Karma  
Flaxmilk  
64 oz., selected varieties



**3.99**

Ripple  
Plant-based Milk  
48 oz., selected  
varieties



**3.99**

Chobani  
Oat Milk  
52 oz., selected varieties



**3.49**

Organic Valley  
Sour Cream  
16 oz., selected varieties



**4.49**

Just  
Folded Plant-  
based Eggs  
8 oz.



**2/\$3**

Stonyfield  
Organic Yogurt  
Pouch  
3.5 oz., selected varieties



**2.99**

Fage  
Greek Yogurt  
17.6 oz., selected  
varieties

**Delicious options to start your day!**





**2/\$7**

**Organic Valley  
Shredded Cheese**  
6 oz., selected varieties



*creamy and ready  
in minutes*

Now in the freezer and more convenient than ever, Annie's Mac & Cheese is ready in less than five minutes, with no boiling, draining or clean up. That's a win-win meal!

**2/\$5**

**Annie's Homegrown  
Frozen Mac & Cheese**  
7.5 oz., selected varieties



**4.49**

**Applegate  
Bacon**  
8 oz., selected varieties



**3.99**

**Little Northern  
Bakehouse  
Organic Gluten-free  
Bread**  
16-17.4 oz., selected varieties

*Simple ingredients. Serious sizzle.*

Imagine dishes delivering the taste you love, but being better for you and the planet. Our products are simple and made from plants — without GMOs, bioengineered ingredients, hormones, antibiotics or cholesterol.



**6.99**

**Beyond Meat  
Beyond Sausage**  
14 oz., selected varieties



**4.49**

**Field Roast  
Vegan Sausage**  
12.95 oz., selected varieties



**3.49**

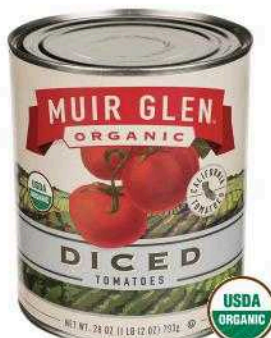
**Daiya  
Dairy-free Shreds**  
8 oz., selected varieties

**Find your favorite brands at the co-op.**



**2/\$6**

Imagine  
Organic Broth  
32 oz., selected varieties



**2/\$4**

Muir Glen  
Organic Tomatoes  
28 oz., selected varieties



**7.99**

Eden Foods  
Mirin Cooking  
Rice Wine  
10.1 oz.



**3/\$5**

Mike's Mighty  
Good  
Ramen Soup Cup  
1.6-2.3 oz., selected  
varieties



**2.29**

Native Forest  
Organic  
Unsweetened  
Coconut Milk  
13.5 oz.



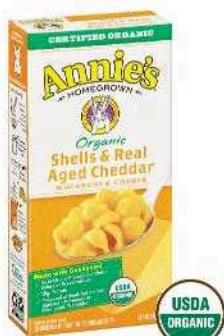
**2/\$5**

Parmcrisps  
Cheese Snack  
1.75 oz., selected  
varieties



**2/\$6**

Tasty Bite  
Organic Entrees  
10 oz., selected varieties



**3/\$5**

Annie's Homegrown  
Organic Mac & Cheese  
6 oz., selected varieties



**2.49**

Woodstock  
Organic Ketchup  
20 oz.



**2/\$6**

Chickapea  
Organic Chickpea &  
Lentil Pasta  
8 oz., selected varieties

**Stock your pantry with deals from the co-op.**





**2/\$6**

Lily's  
Chocolate Bar  
2.8-3 oz., selected  
varieties



**3.99**

Mary's Gone  
Crackers  
Organic Crackers  
5-6.5 oz., selected  
varieties



**2/\$5**

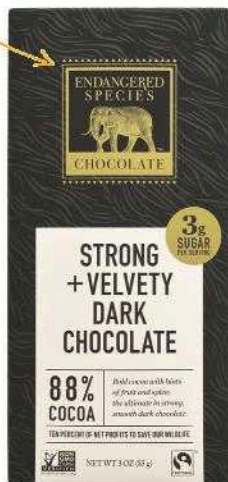
Theo  
Organic  
Chocolate Bar  
3 oz., selected varieties



**3.99**

Hu  
Chocolate Bar  
2.1 oz., selected varieties

*chocolate is our love language*



Endangered Species Chocolate is all about authenticity. Each bar has just a handful of real ingredients. We've got a taste for every occasion, and we're making a positive impact for wildlife habitats.

**2/\$4**

Endangered Species  
Chocolate Bars  
3 oz., selected varieties



Terra  
Vegetable Chips  
4.2-6 oz., selected varieties

**2/\$5**



**1.69**

Organic Multicolor  
Popcorn  
per pound in bulk



**1.99**

Organic Black Turtle  
Beans  
per pound in bulk



**6.99**

Organic Medjool  
Dates  
per pound in bulk



**Find your favorite chocolate at the co-op.**



# sweet ways to share the love

Whether you're baking from scratch or buying a fresh, ready-made dessert, the co-op has what you need for Valentine's Day. Don't forget the mocktail ingredients or a special wellness item for your loved one.



**2/\$7**

**Tony's Chocolonely Chocolate Bar**  
6.35 oz., selected varieties



**2.99**

**Vital Farms Pasture-Raised Butter**  
8 oz., selected varieties



**3.99**

**Crofter's Organic Premium Fruit Spread**  
16.5 oz., selected varieties



**7.99**

**Lakewood Organic Pure Pomegranate Juice**  
32 oz.



**2/\$5**

**Aura Cacia Mineral and Foam Baths**  
2.5 oz., selected varieties

**Bake something sweet for Valentine's Day!**

Some items may not be available at all stores or on the same days

**Plenty of wellness gift ideas at the co-op.**

Some items may not be available at all stores or on the same days





**5.99**

Once Again  
Organic Sunflower  
Seed Butter  
16 oz.

*we all need LOVE*



Enjoy your Love Crunch granola as a delicious breakfast option, or bring the granola on one of your adventures as an exceptionally tasty snack! Organic indulgence and LOVE!

**3.99**

Nature's Path  
Organic Love Crunch  
11.5 oz., selected varieties



**3.49**

Nature's Bakery  
Organic Baked-ins  
Oat Bars  
6-1.17oz. bars, selected varieties



**3/\$5**

Happy Baby  
Organic Baby Food  
4 oz., selected varieties



**2/\$3**

Plum Organics  
Baby Food  
4 oz., selected varieties



**2/\$7**

Barbara's  
Cereal  
8-14 oz., selected varieties

*healthy and tasty snacks*

Delicious snacks perfect for every occasion during the day and for the whole family. **KIND** products are made with nutritionally dense ingredients like whole nuts, real fruits and whole grains — no secret ingredients and no artificial flavors, preservatives or sweeteners.

**10/\$10**

Kind  
Bars  
1.4 oz.

**2/\$6**

Kind  
Healthy Grains  
Granola Bars  
5-1.16-1.2oz. bars

**3.99**

Kind  
Healthy Grains  
Clusters  
11 oz.



**The co-op has snacks everyone will love.**



**2/\$3**

S. Pellegrino  
Sparkling Water  
25.3 oz.



**4.99**

SanPellegrino  
Sparkling Fruit  
Beverage  
6 pack, selected varieties



**4.99**

SanPellegrino  
Momenti  
6 pack, selected varieties

*uniquely  
Italian*

Discover the gentle bubbles of **SanPellegrino**. From our original **S. Pellegrino** Italian Sparkling Mineral Water to the intriguing mix of fruits in **Momenti™**, or the classic Mediterranean flavors of our Traditional Sparkling Fruit Drinks, the experience is always uniquely Italian.



new

**2/\$5**

Vita Coco  
Organic Coconut  
Non-dairy  
Beverage  
33.8 oz.



new

**2/\$7**

Califia Farms  
Shelf-stable  
Almondmilk  
32 oz., selected varieties



**6.99**

Equal Exchange  
Organic Coffee  
10-12 oz., selected  
varieties



**2/\$3**

Tazo  
Tea  
13.8 oz., selected  
varieties



*mother nature's got  
your back*

Need to support your immune system? Try our Echinacea Plus® Elderberry tea. Throat need some love? Soothe it with our sweet and comforting Throat Coat® tea.

**3.99**

Traditional Medicinals  
Tea

16 tea bags, selected varieties

**Find beverages you'll love at the co-op.**



a full spectrum  
of wellness

**Solaray, Kal, Honey Gardens  
and Heritage Store** offer a  
broad spectrum of all-natural dietary  
supplements and body care products  
that promote optimal overall health and  
wellness. Honey Gardens Elderberry  
Syrup makes the perfect addition to  
your health and wellness routine.



**6.99**

Heritage Store  
Rose Water  
Atomizer  
8 oz.



**8.99**

Honey Gardens  
Elderberry Syrup  
4 oz.



**12.99**

Kal  
Magnesium  
Glycinate  
90 capsules



**31.99**

Solaray  
Mycrobioome  
Women's Probiotic  
30 capsules

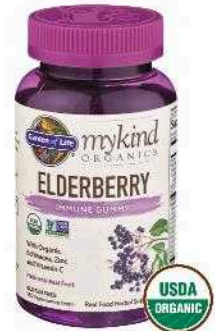


One heart.  
Ultimate support.

We all have just one hardworking heart that  
keeps us going, day after day. Care for your  
heart with Ultimate Omega 2X from Nordic  
Naturals — the ultimate in heart health.

**34.99**

Nordic Naturals  
Ultimate Omega 2X  
60 ct.



**29.99**

Garden of Life  
Mykind Organic  
Elderberry Gummies  
120 ct., selected varieties



**12.99**

Urban Moonshine  
Clear Chest  
Organic Bronchial  
Support  
4.2 oz.



**15.99**

Nature's Way  
Elderberry  
Sambucus  
Gummies  
60 ct.



**19.99**

Natural Factors  
Tranquil Sleep  
60 ct.

**Year-round wellness support at the co-op.**





**9.99**

**Alaffia  
Everyday Shea Body  
Lotion**  
32 oz., selected varieties



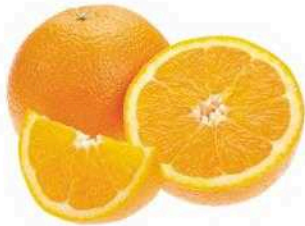
**2.79**

**Ecover  
Dishwashing  
Liquid**  
25 oz., selected varieties



**11.99**

**Mineral Fusion  
Volumizing Mascara**  
.57 oz., selected varieties



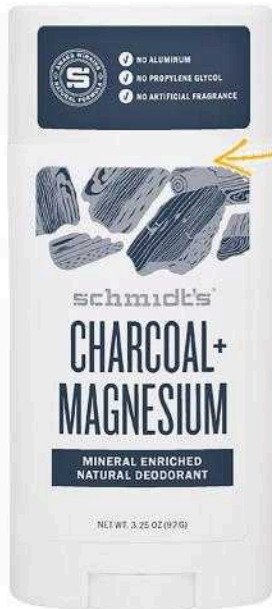
**10.99**

**Emergen-C  
Vitamin C  
Supplement**  
18-30 ct., selected varieties



**10.99**

**Ecos  
Liquid Laundry  
Detergent**  
100 oz., selected varieties



*natural deodorant  
that works*

Schmidt's is plant-based, certified vegan and cruelty free. We're always exploring new ingredients and ways to incorporate natural technology into our products.

**8.99**

**Schmidt's  
Deodorant**  
3.25 oz., selected varieties



**19.99**

**Megafood  
MegaFlora**  
30 ct.

**Natural products for you and your home.**



## Shop for fresh, delicious, local food at a co-op near you.

### CONNECTICUT

Fiddleheads Co-op  
Willimantic Food Co-op

### DELAWARE

Newark Natural Foods Co-op

### FLORIDA

Community Co-op Market  
Everman Cooperative Grocery & Cafe

### GEORGIA

Daily Groceries Co-op  
Sevananda Natural Foods Market

### MAINE

Belfast Co-op  
Blue Hill Co-op  
Portland Food Co-op  
Rising Tide Community Market

### MARYLAND

The Common Market  
TPSS Co-op

### MASSACHUSETTS

Berkshire Food Co-op  
Green Fields Market  
McCusker's Market  
River Valley Co-op  
Wild Oats Market

### NEW HAMPSHIRE

Concord Food Co-op  
Hanover Co-op Food Stores  
Littleton Food Co-op  
Monadnock Food Co-op

### NEW YORK

Abundance Food Co-op  
East Aurora Co-op Market  
Flatbush Food Cooperative  
GreenStar Cooperative Market  
Honest Weight Food Co-op  
Lexington Cooperative Market  
Syracuse Cooperative Market

### NORTH CAROLINA

Chatham Marketplace  
Deep Roots Market  
Durham Co-op Market

### French Broad Food Co-op

Hendersonville Community Co-op  
Tidal Creek Cooperative Food Market  
Weaver Street Market

### PENNSYLVANIA

East End Food Co-op  
Mariposa Food Co-op  
Weavers Way Co-op  
Whole Foods Cooperative

### RHODE ISLAND

Urban Greens Co-op Market

### TENNESSEE

Three Rivers Market

### VERMONT

Brattleboro Food Co-op  
City Market/Onion River Co-op  
Co-op Food Store  
Hunger Mountain Co-op  
Middlebury Natural Foods Co-op  
Putney Food Co-op  
Springfield Food Co-op  
Upper Valley Food Co-op

### VIRGINIA

Friendly City Food Co-op  
Roanoke Co-op



to find a food co-op near  
you, visit us online at:  
[welcometothetable.coop](http://welcometothetable.coop)



2/\$5

Kettle Brand  
Organic Potato Chips  
5 oz., selected varieties



2/\$5

Late July  
Organic Crackers  
6 oz.



2/\$5

Late July  
Tortilla Chips  
5.5 oz.

big game,  
big flavor

Kick off snack time with a crunch! Our **Late July®** products and **Kettle Brand®** chips are made with quality ingredients for a winning snack-time taste, whether you serve them with dip or eat them just as they are.

Co-ops support products and services that benefit personal and planetary health; a legacy we can be proud to leave generations to come.

Some items may not be available at all stores or on the same days

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**coop**  
welcome to the table