

coop deals

JUNE 17 - JUNE 30, 2020

just add mint

Celebrate summer with the addition of mint to a glass of refreshing Santa Cruz lemonade. It's the perfect cool down for a summer afternoon.



2/\$3

Santa Cruz Organic Lemonade

32 oz., selected varieties



2/\$5

Garden Of Eatin' Tortilla Chips

7.5-8.1 oz., selected varieties



3.99

Applegate Natural Uncured Beef Hot Dogs
10 oz., selected varieties



2/\$6

Annie's Organic Dressing
8 oz., selected varieties



4.99

So Delicious Dairy-free Frozen Novelties
4-8 ct., selected varieties



2/\$6

Mom's Best Cereal
15-24 oz., selected varieties



5.99

Quantum Buzz Away Extreme
4 oz.



Cool savings at the co-op.

The co-op has everything for summer meals!



2/\$5

Kevita
Organic Probiotic Drink
15.2 oz., selected varieties



2/\$5

Health-Ade
Organic
Kombucha
16 oz., selected varieties



2/\$7

Wtrmln Wtr
Cold Pressed
Watermelon Juice
12 oz., selected varieties



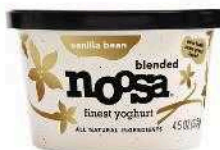
2/\$6

The Greek Gods
Greek Yogurt
24 oz., selected varieties



5.49

Redwood Hill Farm
Goat Milk Kefir
32 oz., selected varieties



4/\$5

Noosa
Yohgurt
4.5 oz., selected varieties



2.99

Pacific Foods
Hemp Milk
32 oz., selected varieties



12.99

Organic Valley
Aseptic Milk
12 ct., selected varieties

from our families to yours

At **Organic Valley**, we believe the tastiest and most nutritious milk comes from healthy, happy, cows. That's why our cows spend their days in green pastures. From our families to yours.

3.99

Organic Valley
Half & Half
32 oz.

4.99

Organic Valley
ULTRA Milk
56 oz., selected varieties



Summer time savings are in full swing.



3.99

Organic Valley
Stringles
6 oz., selected varieties



3.99

Rumiano
Organic Cheese
8 oz., selected varieties

family-owned, organic cheese

Rumiano Cheese is the oldest family-owned cheese company in California, crafting the highest-quality organic, non-GMO cheese from the unique Northern California milkshed!



3.99

Mt. Vikos
Organic Feta
Cheese
6 oz., selected varieties



2/\$4

Taste Nirvana
Coconut Water
16.2 oz., selected
varieties



2/\$5

Organic Valley
Fuel Protein
Shake
11 oz., selected varieties



Energy from natural ingredients

Zero calories. Zero sugar. Organic caffeine. Hiball combines the refreshment of sparkling water with light and lasting energy from natural ingredients to make a tasty and thirst-quenching energy beverage.

2/\$4

Hiball
Sparkling Energy Water
16 oz., selected varieties



2/\$3

Alo
Aloe Drink
16.9 oz., selected varieties

Satisfy your thirst at the co-op.



2/\$6

**Cascadian Farm
Organic Frozen Fruit**
8-10 oz., selected varieties



3.99

**Earth Balance
Peanut Butter
Spread**
16 oz., selected varieties



2/\$5

**R.W. Knudsen
Simply Nutritious
Juice**
32 oz., selected varieties



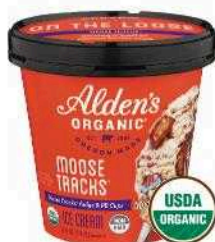
2/\$5

**Sweet Earth
Burrito**
7 oz., selected varieties



6.99

**Nature's Path
Organic Cereal**
26.4-32 oz., selected varieties



3.99

**Alden's
Organic Ice Cream**
14 oz., selected varieties



3.99

**Just
Egg Patty**
8 oz.



4.99

**Wholly Veggie
Cauliflower Wings**
13.2 oz., selected varieties



decadent and dairy-free

Celebrate the LGBTQIA+ community with Coolhaus' new peppermint frozen dessert, adorned with chocolate cookie crumbs and a creamy purple marshmallow swirl. Also, try the dairy-free vanilla — it's naturally flavored with vanilla beans from Tahiti and Madagascar!

2/\$8

**Coolhaus
Dairy-free Ice Cream**
1 Pint, selected varieties



4.99

**Gardein
Ultimate Plant-based
Burger**
8 oz.

The co-op is your go-to for great deals.

summer with Woodstock



Celebrating 35 years of putting our best food forward. Since the start, **Woodstock** organic condiments and pickles have been packed with premium, simple ingredients to help you bring nothing but goodness to your summer table!

2/\$4

Woodstock
Organic Mustard
8 oz., selected varieties

2.49

Woodstock
Organic Ketchup
20 oz.

3.99

Woodstock
Organic
Mayonnaise
16 oz.

3.99

Woodstock
Organic Pickles
24 oz., selected varieties



2/\$4

Wild Planet
Sardines
4.4 oz., selected varieties



2/\$4

Boulder Canyon
Potato Chips
5 oz., selected varieties



5.99

Rao's Homemade
Pasta Sauce
24 oz., selected varieties



4.49

LaCroix
Sparkling Water
12-12 oz. cans, selected
varieties



5.99

Reed's
Ginger Brew
4-12 oz. bottles, selected
varieties



scoop up the savings in bulk!

2.99

Organic White
Quinoa
per pound in bulk



3.99

Organic Apricots
per pound in bulk



9.99

Organic Roasted &
Salted Pistachios
per pound in bulk



Find your favorite bulk items at the co-op.



2/\$6

Lundberg Family Farms
Organic Rice Cakes
8.5-10 oz., selected varieties



2/\$5

From the Ground Up
Cauliflower Crackers
4 oz., selected varieties



hemp makes it SUPER

For over 20 years, Manitoba Harvest has been the global hemp foods leader. We are proud to work in partnership with our growers, retailers, and consumers to advance our foundational mission: transforming lives through the power of hemp.

5.99

Manitoba Harvest
Hemp Hearts
8 oz., selected varieties



2/\$4

Food Should Taste Good
Tortilla Chips
5.5 oz., selected varieties



2.99

YumEarth
Organic Giggles
5-5 oz. snack packs, selected varieties

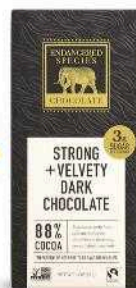


2/\$7

Raaka
Chocolate Bars
1.8 oz.

make s'more memories this summer

Everything you need for a classic campfire treat, on sale now at the co-op!



2/\$4

Endangered Species
Chocolate Bars
3 oz.



2/\$4

Endangered Species
Oat Milk Chocolate Bars
3 oz.



2/\$7

Annie's
Organic Honey Grahams
14.4 oz.



2/\$7

Dandies
Marshmallows
10 oz.

Tasty snacks with ingredients you trust.

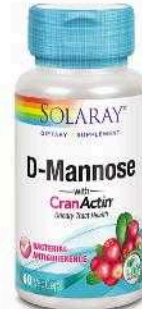
empower
yourself naturally

For decades, **Solaray** and **KAL** have delivered innovative natural solutions for women. We've formulated just the right products for balancing gut health, supporting a healthy urinary tract, soothing tense muscles and much more so you can perform to your potential.



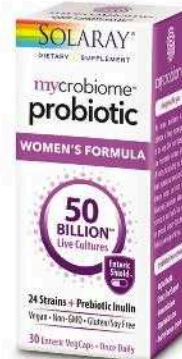
12.99

Kal
Magnesium
Glycinate 400
90 tablets



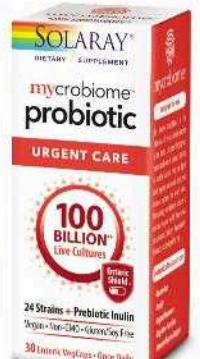
19.99

Solaray
D-Mannose with
CranActin
60 capsules



29.99

Solaray
MycrobioMe
Women's Probiotic
30 capsules



39.99

Solaray
MycrobioMe
Urgent Care Probiotic
30 capsules



29.99

Renew Life
Ultimate Flora 50
Billion
30 ct.



25.99

New Chapter
Turmeric Force
60 ct.



2/\$4

Om Mushrooms
Mighty Veggie Miso
Broths
.56 oz., selected varieties



19.99

Now Sports
MCT Oil
32 oz.



2/\$4

Epic Meat Bars
1.3-1.5 oz., selected
varieties



11.99

Seventh
Generation
Liquid Laundry
Detergent
100 oz., selected
varieties



10/\$10

Larabar
Fruit and Nut Bars
1.6-1.7 oz., selected
varieties



2.99

World Centric
Compostable
Plates
20 ct.

Thank you for supporting the co-op!

Shop for fresh, delicious, local food at a co-op near you.

CONNECTICUT

Fiddleheads Co-op
Willimantic Food Co-op

DELAWARE

Newark Natural Foods Co-op

FLORIDA

Community Co-op Market
Everman Cooperative Grocery & Cafe

GEORGIA

Sevananda Natural Foods Market

MAINE

Belfast Co-op
Blue Hill Co-op
Portland Food Co-op
Rising Tide Community Market

MARYLAND

The Common Market
TPSS Co-op

MASSACHUSETTS

Berkshire Food Co-op
Green Fields Market
McCusker's Market
River Valley Co-op
Wild Oats Market

NEW HAMPSHIRE

Concord Food Co-op
Hanover Co-op Food Stores
Littleton Food Co-op
Monadnock Food Co-op

NEW YORK

Abundance Food Co-op
East Aurora Co-op Market
Flatbush Food Cooperative
GreenStar Cooperative Market
Honest Weight Food Co-op
Lexington Cooperative Market
Syracuse Cooperative Market

NORTH CAROLINA

Chatham Marketplace
Deep Roots Market
Durham Co-op Market
French Broad Food Co-op
Hendersonville Community Co-op
Tidal Creek Cooperative Food Market
Weaver Street Market

PENNSYLVANIA

East End Food Co-op
Mariposa Food Co-op
Weavers Way Co-op
Whole Foods Cooperative

RHODE ISLAND

Urban Greens Co-op Market

TENNESSEE

Three Rivers Market

VERMONT

Brattleboro Food Co-op
City Market/Onion River Co-op
Co-op Food Store
Hunger Mountain Co-op
Middlebury Natural Foods Co-op
Putney Food Co-op
Springfield Food Co-op
Upper Valley Food Co-op

VIRGINIA

Friendly City Food Co-op
Roanoke Co-op



to find a food co-op near
you, visit us online at:
welcometothetable.coop



take a shower,
give a shower

Each purchase of these 100% vegan soaps by The Right To Shower helps provide showers for people experiencing homelessness. Try Strength Red Ginger and Currant today!

9.99

The Right To Shower
Body Wash
16 oz., selected varieties



10.99

Acure
Body Scrub
6 oz., selected varieties



11.99

Badger
Sunscreen
2.9 oz., selected varieties

Co-ops support products and services that benefit personal and planetary health; a legacy we can be proud to leave generations to come.

Some items may not be available at all stores or on the same days

NESE0620B

coop
welcome to the table