

coop deals®

JAN 2 - JAN 15, 2019



new year,
new yum

HEALTHY BEGINNINGS

Start the New Year right! Whip up a delicious yogurt power bowl with Icelandic yogurt (on sale now) topped with your favorite granolas, seeds, fruits and nuts. Here's to a flavorful 2019.



5/\$5

Siggi's
Icelandic Style Yogurt
4.4-5.3 oz., selected varieties



2/\$6

Rebbl
Organic Elixir
12 oz., selected varieties



3.99

Applegate
Sliced Ham
7 oz., selected varieties



4.99

Primal Kitchen
Dressing
8 oz., selected varieties



A new year for all, more great products for you.

Wishing you a wonderful 2019!



5/\$5

Chobani
Greek Yogurt
5.3 oz., selected varieties



2/\$5

Goodbelly
Probiotic Drink
32 oz., selected varieties



4.49

Nancy's
Organic Cottage
Cheese
16 oz., selected varieties



4.49

Green Valley
Organics
Kefir
32 oz., selected varieties



4.49

Forager Project
Organic
Cashewgurt
24 oz., selected varieties



4.99

Organic Valley
Organic Raw
Cheese
8 oz., selected varieties



2/\$7

Daiya
Dairy-free Cheese
Shreds
8 oz., selected varieties



deliciously different

Slow-crafted with premium organic whole milk, Wallaby Aussie Greek yogurt has an unforgettable, indulgent yet mild taste that yogurt fans are falling in love with. It's deliciously different.

5.99

Wallaby Organic
Greek Yogurt
32 oz., selected varieties



4.99

Vital Farms
Pasture Raised
Eggs
dozen, selected varieties



Daybreaker deals to kick off the new year.



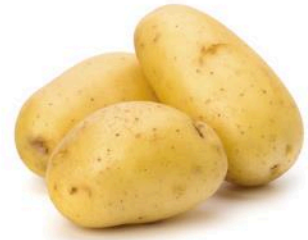
2/\$4

**Woodstock
Frozen Vegetables**
10 oz., selected varieties



2/\$6

**Alexia
Frozen Potatoes**
11-19 oz., selected varieties



3.49

**Lightlife
Organic Smoky
Tempeh Strips**
6 oz., selected varieties
other Lightlife products
also on sale



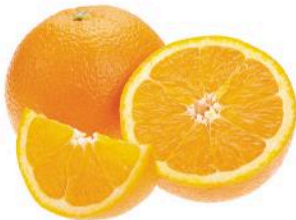
4.99

**Farmhouse
Culture
Organic Kraut**
16 oz., selected varieties



5.99

**R.W. Knudsen
Organic Just Tart
Cherry Juice**
32 oz.
other Just Juices also
on sale



5.99

**No Evil Foods
Plant Meats**
10-12 oz., selected varieties



3.99

**Califia Farms
Almondmilk**
48 oz., selected varieties



fresh new look

At Evolution Fresh, we constantly chase what's next, crafting juice-powered beverages that move you forward and help you thrive.

2/\$7

**Evolution Fresh
Organic Fruit Juice Smoothie**
15.2 oz., selected varieties



3.99

**Gardein
Meatless Chick'n
Tenders**

9-11.5 oz., selected varieties
other Gardein items also on sale

Vegan, gluten-free, dairy-free. Something for all!

a perfect blend

New smoothie must-haves, **Woodstock Organic** frozen fruits and vegetables, and **Harvest Bay** Coconut Water make for delicious, hydrating nutrition. Blend up some Woodstock favorites like Organic Frozen Wild Blueberries, Organic Frozen Sliced Bananas, Frozen Kale and Organic Black Chia Seeds, along with No Sugar Added Harvest Bay Coconut Water!

2/\$4

Woodstock
Frozen Kale
10 oz., select varieties

2.99

Harvest Bay
Coconut Water
33.8 oz.

7.99

Woodstock
Organic Frozen
Wild Blueberries
28 oz., select varieties



Find local, healthy and delicious foods at your co-op.
Enjoy your meals, every day!



2/\$5

Kevita
Organic Kombucha
15.2 oz., selected varieties



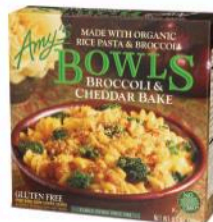
3/\$7

Nature's Path
Organic Waffles
7.4 oz., selected varieties



3.99

Halo Top
Creamery Ice Cream
16 oz., selected varieties



3.99

Amy's
Bowls
8-10.3 oz., selected varieties



Save on family favorites and fun new flavors.

a clean you can trust

For thirty years, **Seventh Generation** has led the way on innovating effective products that work for your family and nurture the planet we all share.



1.99
Seventh Generation
Paper Towels
120 ct., selected varieties

2/\$5
Seventh Generation
Dish Liquid
25 oz., selected varieties

2.99
Seventh Generation
Disinfecting
Multi-Surface Spray
26 oz., selected varieties

7.99
Seventh Generation
Unbleached
Bath Tissue
12/400 ct.



Products that are better for you and the planet.
Healthy family. Healthy home.



3.99
Dr. Bronner's
All-One
Toothpaste
5 oz., selected varieties



6.99
Avalon Organics
Shampoo or
Conditioner
11 oz., selected varieties



9.99
Ecos
Liquid Laundry
Detergent
100 oz., selected varieties
other laundry items also
on sale



4.99
Tom's Of Maine
Toothpaste
4.7-5.5 oz., selected
varieties
other Tom's of Maine
products also on sale



11.99
Alba Botanica
Very Emollient
Body Lotion
32 oz., selected varieties



15.99
Andalou Naturals
Resveratrol Q10
Night Repair
Cream
1.7 oz.
other Facial Care products
also on sale

Sustainable shopping made simple at your co-op.



6.99

Nutiva Organic
Shelled Hempseeds
8 oz.
Nutiva Organic
Refined Coconut Oil
23 oz.



10.99

Nutiva Organic
Extra Virgin
Coconut Oil
23 oz.



12.99

Nutiva Organic
Hempseed Oil
16 oz., selected varieties



19.99

Nutiva Organic
MCT Powder
10.6 oz.



*nurture
vitality*

Nutiva was founded in search of a better world through supporting regenerative, organic, and nutritious crops; hemp, coconut and more. You love our coconut oil and hemp, and you'll love knowing that 1% of sales, over \$4 million, has been donated so far!



29.99

Vega
Vega One
Organic Shake
12.1-13.5 oz., selected
varieties



12.99

Ultima
Replenisher
Electrolyte Powder
3.4-3.7 oz., selected
varieties



15.99

Nutrition Now
PB 8 Probiotic
120 ct., selected
varieties



*nature's dark
chocolate chips*

Packed with antioxidants, essential nutrients and an excellent source of fiber, these organic cacao nibs add a deep unsweetened chocolate flavor and a subtle crunch to trail mix, brownies or smoothies.

6.99

Navitas
Organic Cacao Nibs
8 oz., selected varieties



35.99

Ancient Nutrition
Bone Broth
Protein
445-504 gr., selected
varieties



17.99

Smarty Pants
Kids Complete
Multi + Omega 3 +
Vitamin D
120 ct., selected varieties

Save at our winter health and wellness event!



18.99

**Vital Proteins
Collagen Peptides**
10 oz., selected varieties
other Vital Proteins
products also on sale



18.99

**Bulletproof
Brain Octane Oil**
16 oz., selected varieties
other Bulletproof
products also on sale



get picky with your protein

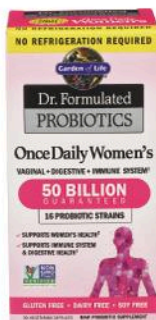
Founded by a cancer survivor and medical doctor, Orgain uses the highest quality ingredients to deliver the cleanest and most delicious nutrition possible. Most Orgain products are USDA Certified Organic and all are soy free, gluten free, non-GMO and free of artificial colors, flavors and preservatives.

29.99

**Orgain
Organic Protein Powder**
2.03 lbs., selected varieties



Stock up or try something new from your co-op.
Revitalize your resolutions.



24.99

**Garden Of Life
Dr. Formulated Once Daily
Probiotics**
30 ct., selected varieties
other Garden of Life products also on sale



12.99

**Country Life
Vitamin D3
5,000 IU**
200 ct., selected varieties
other Country Life
products also on sale



21.99

**Nordic Naturals
Ultimate Omega**
60 ct., selected varieties
other Nordic Naturals
products also on sale



29.99

**Gaia Herbs
Turmeric Supreme
Extra Strength**
120 ct., selected varieties
other Gaia Herbs also
on sale



29.99

**Renew Life
Extra Care Ultimate
Flora 50 Billion**
30 ct., selected varieties
other Renew Life products
also on sale

Save at our winter health and wellness event!



2.99

Annie's
Homegrown
Organic Cereal
10-10.8 oz., selected
varieties



2/\$6

Traditional
Medicinals
Organic Tea
16 ct., selected varieties



2.99

Nature's Path
Organic Instant
Oatmeal
14 oz., selected varieties



6.99

Nature's Path
Organic Eco-Pac
Cereal
26.4-32 oz., selected
varieties



8.99

Equal Exchange
Organic French
Roast Coffee
per pound in bulk,
selected varieties

salty-sweet crunchy clusters



Try these nutrition-rich, irresistible granola clusters made with a signature blend of nuts and superfood seeds. Each of our ten flavors is baked with coconut oil and lightly sweetened with coconut sugar.

4.99

Purely Elizabeth
Granola
12 oz., selected varieties



4.99

Numi Organic Tea
Turmeric Tea
12 count, selected varieties
other Numi Teas also on sale



scoop up the savings in bulk!

99¢

Bulk Organic
Rolled Oats
per pound in bulk, selected
varieties

3.49

Bulk Organic
Thompson Raisins
per pound in bulk,
selected varieties

3.49

Bulk Organic
Dry Roasted Peanuts
per pound in bulk, selected
varieties
Great for freshly-ground nut
butter

Simple, sustainable, affordable. Shop the bulk aisle.



4/\$5

Clif Bar
Organic Nut
Butter Filled Bar
1.76 oz., selected
varieties



2/\$5

Probar
Meal Bar
3 oz., selected varieties



*tasty, organic
protein bars*

Grab a high-protein MacroBar. These deliciously chewy, nut butter-based bars are USDA Certified Organic, vegan, gluten-free, non-GMO, raw and clean. Try our Peanut Butter Chocolate Chip!

2/\$4

Gomacro
Organic Macrobar
2-2.5 oz., selected varieties



2/\$6

Jovial
Gluten-Free Pasta
12 oz., selected varieties



2/\$5

Muir Glen Organic
Pasta Sauce
25.5 oz., selected
varieties



4.99

TruRoots
Organic Sprouted
Quinoa
12 oz.
other TruRoots Quinoa
also on sale



yummier than ever

We've upgraded our Classic Cheddar Mac & Cheese to be yummiier than ever with a creamier, cheesier tasting recipe. So grab a spoon and dig in!

10/\$10

Annie's Homegrown
Mac & Cheese
5.25-6 oz., selected varieties



4/\$3

Koyo
Ramen
2-2.1 oz., selected
varieties



2/\$3

Dr. McDougall's
Big Soup Cup
1.9 oz., selected varieties

Find family favorites in every aisle.



2/\$6

Garden Of Eatin'
Tortilla Chips
7.5-8.1 oz., selected
varieties



2/\$6

Que Pasa
Organic Tortilla
Chips
16 oz., selected varieties



pristinely gluten-free

Our crackers are free of gluten, wheat and casein, making them the perfect snack. Baked to perfection and lightly salted for a gourmet cracker taste that's irresistible!

2/\$6

Glutino
Gluten-free Crackers
4.4-7 oz., selected varieties



2/\$7

Green Mountain
Gringo Salsa
16 oz., selected varieties



4.99

Kettle & Fire
Bone Broth
16.2 oz., selected
varieties



2/\$5

Health Valley
Organic Soup
14.25-15 oz., selected
varieties

nourish your family with ours



We value one thing above all else: nourishment. Our foods are a celebration of nature's goodness — the result of simple ingredients combined with purpose and without shortcuts.

2/\$5

Pacific Foods
Plant-Based Beverage
32 oz., select varieties

2/\$6

Pacific Foods
Organic Broth
32 oz., select varieties

2/\$6

Pacific Foods
Organic Soup
32 oz., select varieties

The co-op serves up savings every day.



2/\$6

**Annie's Homegrown
Snack Crackers**
7.5 oz., selected varieties



2/\$4
**Late July Snacks
Organic Tortilla
Chips**
5.5-6 oz., selected
varieties



2/\$5
**Kettle Brand
Avocado Oil
Potato Chips**
4.2 oz., selected varieties



2/\$3
**Gimme Organic
Seaweed Snacks**
.35 oz., selected varieties



Salty or sweet treats for everyone in the family.

Savor the savings.



2/\$5
**Beanfields
Bean & Rice Chips**
5.5 oz., selected varieties



2/\$6
**Lundberg Family
Farms
Organic Rice Cakes**
8.5-10 oz., selected
varieties



2/\$5
**Hippeas
Organic Chickpea
Puffs**
4 oz., selected varieties



2/\$5
**Yumearth
Organic Licorice**
5 oz., selected varieties



2/\$7
**Zevia
Zero Calorie Soda**
6 pack, selected varieties



Better for you snacks at prices you'll love.

Shop for fresh, delicious, local food at a co-op near you

CONNECTICUT

Fiddleheads Co-op
Willimantic Food Co-op

DELAWARE

Newark Natural Foods Co-op

FLORIDA

Ever'man Cooperative Grocery & Cafe
New Leaf Market Co-op

GEORGIA

Life Grocery & Cafe
Sevananda Natural Foods Market

MAINE

Belfast Co-op
Blue Hill Co-op Community Market
Portland Food Co-op
Rising Tide Community Market

MARYLAND

The Common Market
TPSS Co-op

MASSACHUSETTS

Berkshire Co-op Market
Green Fields Market

Harvest Co-op Markets

McCusker's Market

River Valley Co-op

Wild Oats Market

NEW HAMPSHIRE

Concord Food Co-op
Hanover Co-op Food Stores
Littleton Food Co-op
Monadnock Food Co-op

NEW YORK

Abundance Food Co-op
East Aurora Co-op Market
Flatbush Food Cooperative
GreenStar Cooperative Market
Honest Weight Food Co-op
Lexington Cooperative Market
Syracuse Cooperative Market

NORTH CAROLINA

Chatham Marketplace
Deep Roots Market
Durham Co-op Market
French Broad Food Co-op
Hendersonville Community Co-op

Tidal Creek Cooperative Food Market

Weaver Street Market

PENNSYLVANIA

East End Food Co-op
Mariposa Food Co-op
Weavers Way Co-op
Whole Foods Cooperative

TENNESSEE

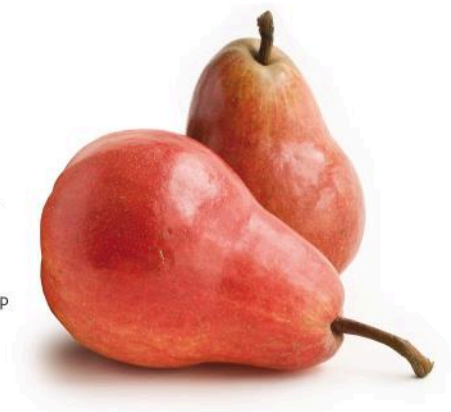
Three Rivers Market

VERMONT

Brattleboro Food Co-op
City Market/Onion River Co-op
Co-op Food Store
Hunger Mountain Co-op
Middlebury Natural Foods Co-op
Putney Food Co-op
Springfield Food Co-op
Upper Valley Food Co-op

VIRGINIA

Friendly City Food Co-op
Roanoke Co-op



*to find a food co-op near
you, visit us online at:
www.strongertogether.coop*



2/\$6
Annie's Homegrown
Organic Fruit Snacks
4 oz., selected varieties



2/\$6
Late July Organic
Mini Sandwich
Crackers
5 oz., selected varieties



3.99
Rudi's
Organic Bakery
Bread
18-22 oz., selected
varieties



4.99
Santa Cruz Organic
Peanut Butter
16 oz., selected varieties

Co-ops support products and services that ensure personal and planetary health; a legacy we can be proud to leave generations to come.

Some items may not be available at all stores or on the same days

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coop
stronger together