



# We're Hiring!

## Prep Cook

We are seeking a healthy and energetic member of our community to prepare and package food in the co-op's Deli department & help us create and nourish a healthier environment, healthier people, and a healthier community!

Enjoy the rewards of an active job that serves your community and provides a 20% discount on healthy local, organic, and natural foods, alternative commuting and fitness benefits, and Paid Time Off.

The Prep Cook reports to the Kitchen Supervisor. The work includes preparing and packaging food, merchandising, cleaning, and responding to customer requests and needs.

*This is a part-time, non-exempt, 20-25 hours per week position.*

Our minimum wage is currently \$10.75/hour after a 90 Day Trial Period. Pay is negotiable and dependent upon experience, education, and the capacity and creativity to help us grow the department.

*Women, members of ethnic minorities, and/or persons age 40 and over are strongly encouraged to apply.*

#### QUALIFICATIONS:

- Available to work weekends. Shifts are typically 7:30 AM – 3 PM. Some NOON – 8 PM and monthly inventory count shifts are possible.
- Outstanding customer service skills, including experience with diverse cultures and backgrounds.
- Familiarity with local, natural, and organic foods.
- Proven ability to handle multiple demands, work under time pressures, and meet deadlines.
- Baking experience a plus!
- Willingness and ability to learn and grow to meet changing requirements of the job.

Stop by the Customer Service Desk for an application or find it, along with the job description and benefits of employment, on our website: [www.threeriversmarket.coop/employment](http://www.threeriversmarket.coop/employment)

*Ready to apply?* Submit a completed Three Rivers Market Job Application to the *Customer Service Desk* inside the store

Serving East Tennessee for over 35 years, Three Rivers Market is not-for-profit, community-owned business committed to growing an alternative, local economy. We are guided by a set of values and principles that emphasize fair and honest business practices and concern for our community.

All employment at Three Rivers Market is based on individual merit, qualifications and competence of the applicant without regard to race, national origin, creed, age, religion, sex, gender identity, disability, sexual orientation, marital or veteran status. We offer meaningful work as well as career opportunities.